GELYKS NIEU

SUNRISE 7:04AM ms WESTERDAM WESTERN CARIBBEAN CRUISE



SUNSET 8:04 PM. AT SEA TUESDAY, JULY 4, 1995

Happy Independence Day

Willem Cruijsberg: Hotel Manager

Willem Cruijsberg is committed to his job. His goal is to have every guest leave the ship planning their next Holland America cruise. The hotel manager is responsible for the well-being of all guests. Although the captain is in charge of the overall operation and safety of the ship, Cruijsberg manages the ship's "floating hotel," where the view changes. The responsibilities of a hotel manager are akin to the duties of a general manager overseeing a land-based resort and casino. However, on the seas there is supervision of living quarters and food services for 615 crew members as well. Cruijsberg was educated at the oldest hotel school in the Netherlands, located in Maastricht. After working three years in a resort hotel in Holland, he developed wanderlust and joined Holland America to see the world. Twenty-two years and six world cruises later, he has held many positions aboard, and has sailed on just about every ship in the fleet. His travels have helped him build an extensive collection of art and Asian antiques. Among favorite hobbies he enjoys cooking, gardening and reading science fiction.

Willem Cruijsberg was born and raised in Tegelen, in the province of Limburg close to the German border. The town of 25,000 is known for its Passion Play performed every five years. No wonder Cruijsberg's favorite comment is: "Everything is possible; miracles take a little

longer."

What is the Beaufort Scale?

When you hear the "Voice From the Bridge", giving nautical and meteorological information, the force of the wind is described according to the Beaufort Scale.

For your cruising convenience use this easy to follow scale. It's a breeze.

Force Description

- 1 Nice day to lie by the pool.
- 2 Ping Pong still possible.
- 3 Hold your skirt down.
- 4 Hard to open deck doors.
- 5 Some people get sick.
- 6 Salt water on your glasses.
- 7 Lose your toupe.
- 8 Pool water lowered.
- 9 Things fall off shelves.
- 10 Even the crew get sick.
- 11 Hang on to your spouse.
- 12 The Poseidon Adventure

Where's the fleet today?

Maasdam : Helsinki, Finland Nieuw Amsterdam: Juneau, Alaska Noordam : Sitka, Alaska Rotterdam : Ketchikan, Alaska Ryndam : Hubbard Glacier Statendam : Vancouver, Canada Veendam : Under construction Wind Spirit : Bodrom, Turkey Wind Song : Raiatea, Bora Bora Wind Star : Portoferraio, Italy



Seagoing Environmental

Awareness

Holland America Line collects and saves for correct shore disposal all chemical and hazardous waste generated on board the vessel. Please join us in this effort by depositing spent batteries in the collection box located in the Kiosk, Prom. Deck.

From the Navigator

After clearing the Channel de Cozumel, we altered course to 102 degrees entering the Caribbean Sea. We remain on this course until approximately 6:00 pm, when we will pass the island of Grand Cayman at a distance of about 12 miles on our port or left hand side. Grand Cayman is situated on top of the Cayman Ridge, a submarine mountain. Here we will alter course to 106 degrees heading straight for Ocho Rios, Jamaica. During the evening and night we will be sailing through the deepest waters of the Caribbean with depths up to 6800 meters or 22000 feet.

From the Shore Excursion Office

The Shore Excursion Office is located on Main deck forward and is open 10:00 am - 4:00 pm. Please remember that the last chance to purchase or cancel tours for Ocho Rios will be 4:00 pm today.

Religious Services

(Theater, Sun Deck)

8:15 am Catholic Holy Mass is celebrated by Father Peter Brannelly. 9:00 am Interdenominational Service is conducted.

Dress for this evening INFORMAL

Jacket required. Tie optional. Tonight is the night to wear Red, White and Blue. Please compliment your fellow guests by adhering to the dress code all evening.



Service Clubs

fraternal or service organization, be it Masons, Eastern Star, Rotary, Kiwanis, Lions, Soroptomists, to name a few, you are invited to an informal meeting in the Explorers Lounge today at 11:00 am with your Cruise Director Susan. A chance to meet new friends and share ideas.

Port & Shopping Questions

Greg will be available on Main deck forward from 11:00 am - 12:00 noon and 3:00 pm - 4:00 pm to answer questions about shopping and Customs.

Blackjack Tournament

These exciting tournaments are proving increasingly popular, with a cash prize for first place of \$300.00. Second place \$50.00, and champagne for 3rd place. Qualifying rounds take place between 2:00 pm and 5:00 pm with the final at 5:15 pm. Stop by the Casino for details of play.

Say it in Dutch

Good morning	Goede Morgen
Good afternoon	Goede Middag
Good evening	Goeden Avond
Good night	Goede Nacht
How are you?	Hoe gaat het met U?
Please	
Very Good	Heel goed
Very beautiful	
Enjoy your meal	Eet smakelijk
Yes - no	
Learn more with Anne	in the Ocean Bar at 2:15
pm.	

Ice Carving

From 300 lb. blocks of ice to magnificent sculptures in just 20 minutes. Get your cameras ready for one of the most spectacular events of the cruise. Meet our Filipino chefs at our Ice Carving Demonstration. Narration by Hostess Lynda by the Verandah poolside at 10:15 am.

Grand Watch Sale

A collection of Ladies and Gents Designer Watches will be REDUCED TO CLEAR AT ONLY \$74.99. In the Jewelry Shop.

A Special Invitation

If you are a member of any women's, men's Executive Chef Mike Mahn invites you to visit the Main Galley of the ms Westerdam at 10:45 am today. Please meet outside the forward entrance to the Amsterdam Dining Room on Restaurant deck. Ladies, in the interest of your safety, please do not wear high-heeled shoes. It is a rare opportunity when you take a vacation to be invited to see where the food is prepared. Famous maritime historian Bill Miller refers to Holland America Line as "The Spotless Fleet." This applies not only to the "front of the house" but also to behind the scenes. So come and see where all this sumptuous food is prepared.

During the Galley Tour you will observe many of our kitchen staff hard at work preparing food for your next meal. We are particularly proud of the fact that we bake all of our breads

fresh each day.

Royal Dutch Tea

In those gracious times of yore, tea-time sevice was considered quite the social event. Lords and Ladies would gather to discuss current events, the seasonal ball, or just stroll around their beautiful gardens hoping to be seen in their finery. Reminiscent of those days, our chefs are proud to offer you some of the traditional delicacies that royalty so enjoyed and that are sure to please your palate in the Queen's Lounge, 3:30 pm - 4:15 pm.

Art & Antiques

In 1938 it became the practice of Holland America line to enhance their ships with artwork. The art collection on board the old SS Nieuw Amsterdam was "of the period," created specially for the ship. More recently, with the new ships, the collection on display has been in the nature of antiques, valuable works of art as well as modern day artifacts created especially for the ships. On board our own vessel, the collection is valued at well over \$1 Million. Join auctioneer Ilan for a guided tour of the art and antiques on board, beginning at the Theater on Sun Deck at 11:15 am.

ART AUCTION #2

Admiral's Lounge - 2:45 pm

Featuring fine arts works by famous artist -Join the fun and enjoy the champagne which will flow like water! (A drawing for a free work of art will be held during the auction. Please bring your invitation.)

Viewing for auction #2 in De Halve Maen Room at 12:00nn immediately after the art tour

Viewing for auction #3 - De Halve Maen at 7:00, 8:00 9:00 & 10:00 pm

TV Programming

Channel 1 24 HOUR NEWS CNN Depending on station reception.

Channel 3 PORT INFORMATION

7:00 am - 3:00 pm Shore Excursion Talk (repeated)

3:00 pm Ocho Rios & Grand Cayman Shopping Talk.

4:00 pm Shore Excursion and Port Talks repeated till 8:00 pm.

8:00 pm THE WORLD OF HOLLAND **AMERICALINE** Holland America "Family" Cruises (continuous).

Channel 4 MOVIE CHANNEL

8:00 am Scout 9:42 am True Lies

12:03 pm Wolf

2:09 pm Clear and Present Danger

4:22 pm Drop Zone

* 6:04 pm Junior * 7:55 pm Milk Money

* 9:42 pm The Client

*These movies will be repeated throughout the night.

GENERAL SHIP'S Channel 5 INFORMATION

7:00 am Live Camera View from the Bridge. 6:00 pm Various programs depending on station reception.

Please Note: Due to technical difficulties beyond our control, the reception of your T.V. may be affected. We apologize for any inconvenience this may cause.

Steiner of London

Would you like fabulous looking skin? Come and meet Jane and Debbie at 3:00 pm in the Ocean Bar.

Shopping in Jamaica & Grand Cayman

Today at 1:45 pm in the Admiral's Lounge our Port Lecturer Greg Barnes will give valuable hints on where to shop and what to look for. Maps showing recommended shops will be available.

Pool Olympics

Join Matt and the Cruise Staff for some wild wet and wacky pool games at the Lido pool at 2:30 pm.

Horse Auction!

Don't miss the auction of our six thoroughbred race horses. You owe it to yourself to invest in one of these steeds. The payoff could be considerable and the fun is undeniable. All the money bid at the auction becomes the "Owners Purse" and goes to the owner(s) of the horse that wins the Derby. You don't even have to have the money there at the auction, which takes place at 4:00 pm in the Admiral's Lounge.

About Tonight's Show Captain's Command Performance

In keeping with Holland America's Tradition of Excellence, Captain Hans van Biljouw has selected David Lucas from among the finest entertainers on the line to present to his guests on this Caribbean cruise.

David Lucas began in showbusiness at the age of two in a tour with Liberace. At the age of three, he was the youngest performer in a Las Vegas showroom. He has performed for the Prime Minister of Canada and three U.S. Presidents. David is considered one of the top 5 Jugglers in the world. Tonight let David Lucas amuse you with his great humor and amaze you with his daring juggling.

Bar and Lounge Hours

On Promenade Deck:

Ocean Bar 10:00 am - 1:00 am
Explorers Lounge 8:30 pm - 12:00 mn
Queen's Lounge 4:30 pm - 12:00 mn
Admiral's Lounge 11:00 am - 5:30 pm
7:30 pm - 1:30 pm
Saloon 5:00 pm - 6:00 pm

5:00 pm - 6:00 pm 8:30 pm - 1:00 am

Peartree Night Club 5:00 pm - 6:00 pm 10:00 pm - wee hours

On Upper Promenade Deck:

Lido Bar 9:00 am - 7:00 pm

On Sun Deck:

Verandah Bar 9:00 am - 7:00 pm

Wine at Dinner?

Order your wine for dinner in advance at the Wine Desk by the Lido Restaurant from 11:30 am - 2:00 pm.

Cocktail Times

5:00 pm - 6:00 pm & 7:15 pm - 8:15 pm.

OCEAN BAR

Ricardo & Catherine Kunz

plays music for your listening and dancing pleasure.

5:00 pm - 6:00 pm

PEARTREE CLUB

Dance a Foxtrot or Swing to

The Lizare Quartet.

OUEEN'S LOUNGE

7:15 pm - 8:15 pm. Keep dancing to

The Lizare Quartet.

Friends of Bill W.

Please meet each other in the Card Room at 5:00 pm.

Later on Tonight QUEEN'S LOUNGE

9:00 pm - 12:00 midnight *The Lizare Quartet*plays music you want to hear.

OCEAN BAR

9:00 pm - 1:00 am
Listen or dance to the music of
Ricardo & Catherine Kunz or
Daniel Oliver.

EXPLORERS LOUNGE

9:00 pm - 12:00 Midnight.

The Rosario Strings
entertain.

SALOON

9:00 pm - 11:00 pm Daniel Oliver

plays your favorite melodies. Followed by easy listening music till the wee hours.

PEARTREE CLUB (Night Club)

At 11:30 pm

D.J Brian plays your favorite tunes,

Today's Movies

(Theater on Sun Deck)
Showing at 2:00 pm & 4:15 pm
I.O.

(Comedy)

Duration 1 hour 36 minutes. Rated PG.

Showing at 8:00 pm & 10:15 pm

Stargate (Sci-Fi)

Duration 2 hours. Rated PG-13.
Popcorn is served before the
2:00 pm, 4:15 pm and 10:15 pm showing.

TONIGHT IN THE ADMIRAL'S LOUNGE

At 6:45 pm and 8:15 pm

COMMAND ERFORMANCE Show Stoppers

and

The Music, Comedy & Much More of

David Lucas

Please note: Audio and visual recording. also flash photography not permitted. Saving of seats, and smoking also not permitted.

10:15 pm Fourth of July Celebration Ball

Join our Captain, Hotel Manager, Officers, Staff and Crew for an evening of festivities with prizes galore to be won.

11:00 pm

Rock and Roll the night away with our 50's, 60's and 70's Party. Hosted by the Cruise Staff and The Lizare Quartet.

The day at a glance

	The day at a stance
7:00 am - 7:00 pm	Fitness Instructors will be in attendance in the Fitness Center. Navigation deck.
8:00 am ♥	Walk-a-Mile. Upper Promenade deck, aft. with your Fitness Instructor.
9:00 am - 9:00 pm	Swimming pools and jacuzzis are open.
9:00 am - 9:00 pm	Deck Sports equipment is out for your enjoyment.
9:00 am - 5:00 pm	The Reading Room (Bookchest) is open. Books & games available. Prom. Deck.
9:00 am ♥	Gym Orientation. Fitness Center.
9:15 am	Needlepoint Corner. Put those nimble fingers to work in the Ocean Bar, Prom. deck.
9:45 am ♥	Sit and be Fit with your Fitness Instructor. Queen's Lounge.
9:45 am	Scrabble Tournament With the Cruise Staff. Explorers Lounge.
10:00 am	Hair & Beauty Show with free raffle. Queen's Lounge.
10:00 am	Susan's Daily Quiz, General Trivia, is available in the Reading Room (Bookchest).
10:15 am	Ice Carving Demonstration by our Filipino Chefs, poolside. Sun deck.
10:30 am ♥	Fitness Fashion Show at Lido Pool, Upper Promenade Deck, Aft.
	Morning Coffee is served. Explorers Lounge.
10:30 am	Indoor games get together with the Cruise Staff Card Room.
	Lemonade is served on the outside decks.
10:45 am	Galley Tour. Meet at the forward entrance to the Amsterdam Dining Room.
10:45 am	Team Trivia for prizes with the Cruise Staff. Ocean Bar.
11:00 am	Service Clubs Get-Together. Meet Cruise Director Susan. Explorers Lounge.
11:00 am ♥	Doubles Ping Pong Competition. Promenade deck, aft.
11:15 am	Art and Antiques Tour. Meet Auctioneer Ilan by the Theater Sun Deck.
11:15 am	Snowball Cash Bingo with Matt. The Snowball stands at \$645.00. Queen's Lounge.
11:30 am ♥	Ladies' Doubles Shuffleboard Tournament, meet the Cruise Staff on Upper Prom. Deck,
11.50 4111	starboard.
11:30 am - 12:00 nn	Mileage Pool. Guess the mileage from Cozumel until noon. Upper Prom. deck, Aft.
12:00 nn	Slimming Seminar with our Fitness Instructor. Fitness Centre. Navigation deck.
12:00 noon	The ship's whistle will be tested.
12:00 noon	Art Viewing for auction #2 this afternoon. De Halve Maen Room.
	& 4:30 pm - 6:30 pm Music under the sun by The Steel & Ivory Band. Lido poolside
1 1	(weather permitting).
12:30 pm - 1:30 pm	Lunchtime music by Daniel Oliver in the Verandah Restaurant.
1:00 pm	The Voice from the Bridge. Weather and navigational update.
1:30 pm ♥	Line Dance Class. Queen's Lounge.
1:45 pm	Port & Shopping Talk on Ocho Rios & Grand Cayman. Admiral's Lounge.
2:00 pm - 5:00 pm	Qualifying Rounds Blackjack Tournament. Come in and sign-up. Casino.
2:00 pm ♥	Men's Ping Pong Competition at the tables on Promenade deck aft.
2:00 pm	Teach yourself massage. Fitness Center.
2:15 pm ♥	Volleyball Tournament with the Cruise Staff on Sports deck.
2:15 pm	Learn Dutch with International Cruise Staff member Anne, Ocean Bar.
2:30 pm	Bridge players. The Cruise Staff will match you up with a partner. Card Room.
2:30 pm ♥	Pool Games with the Cruise Staff in and around the Lido pool.
2:45 pm	Art Auction #2 with Auctioneer Ilan in the Admiral's Lounge.
3:00 pm	Beauty Seminar by Steiner of London. Ocean Bar.
3:00 pm ♥	Paddle Tennis Get -Together with the Cruise Staff. Sports deck.
3:00 pm	Classical Music Hour featuring American Composers. Explorers Lounge.
	Royal Dutch Tea is served. Queen's Lounge. Music by the Rosario Strings.
3:30 pm ♥	Walk-a-Mile. Upper Promenade deck, aft. with your Fitness Instructor.
4:00 pm ♥	Men's Doubles Shuffleboard Tournament. Upper Promenade deck, starboardside.
4:00 pm	Horse Race and Horse Auction. Admiral's Lounge.
followed by	Snowball Cash Bingo. Admiral's Lounge.
4:15 pm	Pictionary Fun for prizes with the Cruise Staff, Ocean Bar.
4:15 pm ♥	Low Impact Aerobics Class with our Fitness Instructor. Peartree Club.
5:15 pm	Blackjack Tournament Finals Casino.
6:45 pm	Showtime in the Admiral's Lounge. Second sitting guests.
7:00, 8:00, 9:00 & 10	:00 pm Art Viewing for auction #3 (tomorrow). De Halve Maen.
8:15 pm	Showtime in the Admiral's Lounge. First sitting guests.
9:30 pm	Matchword Game. Match wits with your fellow guests. Queen's Lounge.
10:15 pm	Fourth of July Celebration Ball. Queen's Lounge.
11:00 pm	50's, 60's and 70's Party in the Queen's Lounge.

Service Hours

INFIRMARY (B deck forward via elevator 3) Nurse on duty: 8:00 am - 12:00 nn & 2:00 pm - 6:00 pm A fee is charged for consultation. For Medical Emergency Dial 72 PHYSICIAN'S HOURS 10:00 am - 11:00 am & 5:00 pm- 6:00 pm SHOPS ON BOARD (Promenade deck) 9:00 am - 10:30 pm BEAUTY PARLOR (Prom. deck) 8:00 am - 8:00 pm MASSAGE (Navigation deck) Dial 74 8:00 am - 8:00 pm SAUNA and FITNESS CENTER (Navigation deck, midships) 7:00 am - 9:00 pm
SHORE EXCURSION OFFICE (Main deck) 10:00 am - 4:00 pm Last chance to buy/cancel tours for Jamaica is 4:00 pm. PHOTO SHOP (Promenade deck) 9:00 am - 12:00 nn & 1:00 pm - 3:00 pm CASINO (Promenade deck)
Slot Machines: 9:00 am - the wee hours Gaming Tables: 11:00 am - the wee hours Blackjack Tournament: 2:00 pm - 5:00 pm
ART HOSPITALITY DESK (De Halve Maen)
7:00 pm - 11:00 pm. GUEST RELATIONS MANAGER'S DESK (Promenade deck) 9:00 am - 11:00 am & 3:00 pm - 5:00 pm. PORT INFORMATION DESK(Main deck forward) 11:00 am - 12:00 noon & 3:00 pm - 4:00pm.

Dining Hours

VERANDAH RESTAURANT (Sun Deck)			
Early Coffee:	7:00 am		
Breakfast:	7:30 am - 10:00 am		
Continental Breakfast:	7:30 am - 10:30 am		
Dutch Lunch:	11:30 am - 2:00 pm		
Ice Cream Parlor:	11:30 am - 2:30 pm		
Meals by the pool:	11:30 am - 9:00 pm		
Ice Cream Parlor:	11:30 pm - 12:30 am		
American Buffet:	11:30 pm - 12:30 am		
LIDO RESTAURANT (Upper Promenade Deck)			
Breakfast:	8:00 am - 10:30 am		
Continental Breakfast:	8:00 am - 11:00 am		
Dutch Lunch:	11:30 am - 2:00 pm		
Meals by the pool:	11:30 am - 2:30 pm		
Ice Cream Parlor:	11:30 am - 2:30 pm		
	4:00 pm - 5:00 pm		
Coffee and tea available 24 hours in the Verandah			
and Lido Restaurants.			
AMSTERDAM DINING ROOM			
(Restaurant Deck)			
Open Sitting Breakfast:	8:00 am - 9:30 am		
Open Sitting Lunch:	12:30 pm - 1:30 pm		
Dinner:	1		
First Sitting	6:00 pm		
Second Sitting			
	1		