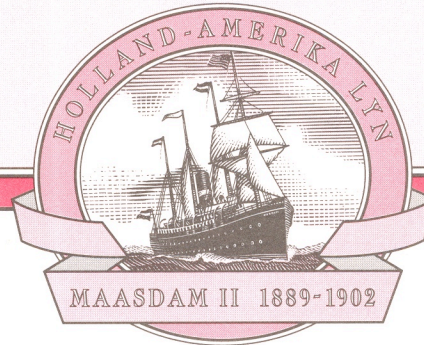


DAGELYKS NIEUWS

SUNRISE 7:07 AM
ms WESTERDAM
WESTERN CARIBBEAN CRUISE

SUNSET 8:33 PM
COZUMEL, MEXICO
MONDAY, JULY 3, 1995



Welcome to Cozumel

Cozumel was once a shrine to the Mayan moon goddess, Exchel, to whom Mayan women flocked in search of fertility. Cortes landed here briefly in 1519, en route to his conquest of Mexico. Henry Morgan, the English Buccaneer, used it as a base for piracy, and then for 300 years the island was barely inhabited. Subdued echoes of its past emerge in the many crumbling Mayan ruins and in the more spectacular sunken ships whose hulls slumber near reefs. Cozumel was rediscovered during World War II by American military diving teams training in the Pacific arena. It was well chosen: the Palancar Reef is the fifth longest in the world and the second longest outside of Australia. The divers' enthusiasm reached Jacques Cousteau. After his visit, and subsequent blessing, Cozumel and the entire eastern shore of Quintana Roo and Belize began attracting scuba divers from around the world. The tourist industry got going in the 1960's and today Cozumel has dozens of hotels, restaurants, boutiques and dive shops. Life on this flat jungle island centers on San Miguel, where the m.s. Westerdam will dock. Scuba divers, who make up the bulk of the island's visitors, congregate here, as do hundreds of cruise ship passengers for a day of shopping. Duty Free shops line the Malecon selling jewelry made of shells, black coral, tortoiseshell and an assortment of crafts from all over Mexico, particularly silver and pottery. The atmosphere in Cozumel is easygoing. This is the T-shirt and shorts crowd, even for dinner. San Miguel has the usual nightclubs and several bars, but many people are content just to sip a cool Margarita and relax in the warm tropical breezes.

From the Navigator

Sailing through the Yucatan Channel, the waterway between Mexico and Cuba, we will encounter a strong northerly current of up to 3 knots. After crossing this channel we expect to approach the Yucatan Peninsula around 8:00 am. Here you will be able to see Cancun on the starboard side. Entering the Canal de Cozumel, we expect to arrive at Playa del Carmen at 11:00 am. Here the Captain will keep the ship steady in the current, a tugboat will come alongside bringing local authorities and after clearance we will disembark passengers going on tour. After leaving Playa del Carmen we will cross the 9 mile wide Canal de Cozumel for our approach to the village of San Miguel de Cozumel. Here we expect to be docked around 12:30 pm.

IMPORTANT TIME DIFFERENCE!!

During our cruise all watches and clocks will remain on ship's time. In our ports of call you may notice that the local time will differ from the ship's time. **DISREGARD LOCAL TIME. DO NOT ADJUST YOUR WATCHES.** Our arrival, departure, tour times and all times in the daily program will coincide with ship's time.

Religious Services

(Theater, Sun Deck)

8:15 am Catholic Holy Mass is celebrated by Father Peter Brannelly.
9:00 am Interdenominational Service is conducted.

Dress for this evening COLORFULLY CASUAL

Colorful shirts for the men and bright dresses for the ladies. No T-shirts, shorts, jeans or halter tops in the Amsterdam Dining Room.

To Get Ashore In Cozumel

After pausing briefly at Playa del Carmen to allow those on tour to disembark, the ms Westerdam will continue to Cozumel, where we are expected to dock at 12:30 pm. Disembarkation operations will commence as soon as the ship has been "cleared" by the authorities. For those on tour please consult page two for tour departures times. **ALL ABOARD at 10:30 pm and we sail for Ocho Rios, Jamaica at 11:00 pm.**

**PLEASE TAKE YOUR GUEST
IDENTIFICATION CARD WHEN
GOING ASHORE.**

Ship's Agent

Agencia Consignataria Del Sureste
Calle 6 Norte #14, Cozumel,
Quintana Roo 77600.
Tel.: 21588 or 21508.

Exchange Rate

The Mexican Peso has been fluctuating constantly for the past few months. We can offer you an approximate rate of exchange but we can't guarantee the rate you will be quoted in Cozumel. The approximate rate of exchange is: U.S. \$1.00 = 4 New Pesos
CAN \$1.00 = 3.20 New pesos
(U.S. Dollars are readily accepted in Mexico). Foreign currency obtained ashore cannot be re-exchanged on board.



Tour Departure Times

Our Shore Excursion Staff will be on the pier to direct you to your tour. If you are participating in a shore excursion, please read the notice below regarding your assembly point.

DON'T FORGET TO BRING YOUR TOUR VOUCHERS.

- 495 Mermaid Sub. Ocean View Tour. Departs from the Admiral's Lounge at 1:30 pm.
- 530 Mayan Ruins of Tulum Tour. Departs at 11:00 am from the Admiral's Lounge.
- 531 Coba Ruins Adventure. Departs at 11:00 am from the Admiral's Lounge.
- 534 Beginning Snorkel Tour. Departs from the Admiral's Lounge at 12:30 pm.
- 535 Beginning Scuba Tour. Departs from the Admiral's Lounge at 12:30 pm.
- 536 Certified Scuba Diving. Departs from the Admiral's Lounge at 12:30 pm.
- 537 Sail & Snorkel Beach Party. Departs from the Admiral's Lounge at 12:30 pm.
- 538 Latin Fiesta Folkloric Festival. Departs from the pier ashore at 3:15 pm.

Mariachi Music

Enjoy a taste of Mexican music as the finest Mariachi Band from Cozumel plays this evening on Upper Prom. deck by the Lido pool, from 5:00 pm - 8:00 pm alternating with the Steel & Ivory Band.

Montezuma's Revenge

While ashore in Mexico we recommend drinking only bottled water, avoiding drinks with ice and not to eat any uncooked foods. Better safe than sorry! Bottled water is available for purchase from all the bars onboard.

Need a towel for the Beach?

Please ask your cabin steward and he will provide you with a beach towel. Please return the towel to him as he is held responsible.

Where's the fleet today?

Maasdam	: Stockholm, Sweden
Nieuw Amsterdam	: Ketchikan, Alaska
Noordam	: Glacier Bay, Alaska
Rotterdam	: Pacific Ocean
Ryndam	: Valdez, Alaska
Statendam	: Pacific Ocean
Veendam	: Under construction
Wind Spirit	: Kusadasi, Turkey
Wind Song	: Bora Bora, South Pacific
Wind Star	: Calvi, Italy

Shops on Board

**SWAROVSKI
SILVER CRYSTAL**
One of life's precious gifts
**UP TO 25% BELOW
U.S. PRICES.**
Informative
Jewelry Seminar
10:00am
Ocean Bar

Port and Shopping Questions

Taxi fare into town is \$4 per cab each way. Also our Port and Shopping expert Greg will be available on the pier from 1:00 pm - 2:00 pm to answer your shopping questions.

Customs Regulations United States

If you are a citizen of the United States your exemption is \$400.00 per person.

Alcoholic Beverages United States

1. You must be 21 years or older.
2. You may bring back one liter of liquor duty and tax free.
3. You may bring back a second liter duty free, if that liter is produced in Jamaica or Grand Cayman.

Cigars and Cigarettes

1. You may bring in duty and tax free 100 cigars and one carton of cigarettes.

Canadian Customs

Canadian Residents returning home are allowed to import \$500 (Can) worth of goods free of duty **once** every 12 months. This includes 50 cigars; 200 cigarettes; 2lbs. of tobacco and 40 oz. of alcoholic beverage. If you have already claimed this allowance within the last calendar year, the allowance is reduced to \$100 (Can).

ART VIEWING FOR AUCTION #2

10:30 am - De Halve Maen

Come and enjoy a close view of all the art to be auctioned tomorrow immediately following the Art & Antique tour, which meets at 9:45 am outside the Theater on Sun Deck

**ALSO VIEWING TONIGHT
AT 7,8,9 & 10:00 PM**

TV Programming

- | | |
|-----------|---|
| Channel 1 | 24 HOUR NEWS CNN
Depending on station reception. |
| Channel 3 | PORT INFORMATION
8:00 am - 2:00 pm Cozumel Shopping Talk
2:00 pm - 8:00 pm Shore Excursion Talk
THE WORLD OF HOLLAND
AMERICAN LINE
8:00 pm Holland America "Family"
Cruises (continuous). |
| Channel 4 | MOVIECHANNEL
8:00 am It Could Happen to You
9:42 am Legends of the Fall
11:53am The Lion King
1:22 pm Little Women
3:21 pm Safe Passage
* 4:49 pm The Paper
* 6:41 pm Speed
* 8:38 pm The Mask |
| Channel 5 | GENERALSHIP'S
INFORMATION
7:00 am Live Camera View from the Bridge.
6:00 pm Various programs depending on station reception. |

*These movies will be repeated throughout the night.

- | | |
|-----------|---|
| Channel 5 | GENERALSHIP'S
INFORMATION
7:00 am Live Camera View from the Bridge.
6:00 pm Various programs depending on station reception. |
|-----------|---|

Please Note: Due to technical difficulties beyond our control, the reception of your T.V. may be affected. We apologize for any inconvenience this may cause.

Holland America Lines's Alumni - Society of Honorary Mariners

A registration form for those guests who have previously sailed with Holland America Line has been delivered to your cabin. Please turn in your completed form to the Front Office by 12:00 noon on Wednesday.

Steiner of London

With every cut and
blow-dry
why not have a color
or perm for
only \$15 extra.
Call 74 now!

Movies

As people's preferences in movies vary greatly, especially in this day of extremely "frank" adult pictures and an over-abundance of unrestrained dialogue, the selection of films is a difficult task. We realize it is virtually impossible to please everyone with every movie on board, but our suppliers do try to select what they feel is the best from the choices available to us.



Seagoing Environmental Awareness

Holland America is committed to preserve, protect and maintain the environment that its fleet of cruise ships operate in. Please do not throw anything overboard and join us in helping to combat pollution of the sea by depositing trash in the proper receptacles/ash trays located throughout the vessel.

Bulk Laundry Service

As an addition to our regular laundry service and as an option to our self service laundries which can be very busy during the last days of the cruise, we offer a \$3.00 per bag bulk laundry service. Your cabin steward will provide a mesh bag for you to fill with your laundry. Please separate white from colors since dark with white may cause some colors to run. The bag containing your laundry will be washed in cold water and dried in the same bag. Laundry will be folded (not ironed) and returned to your cabin in a paper laundry bag the next day. Please dial 71 between 8:00 am and 8:00 pm for this service.

Bar and Lounge Hours

On Promenade Deck:

Ocean Bar: 10:00 am - 1:00 am
Explorers Lounge: 7:30 pm - 12:00 mn
Queen's Lounge: 4:00 pm - 8:30 pm
Saloon: 5:00 pm - 1:00 am
Peartree Night Club: 10:00 pm - wee hours

On Upper Promenade Deck:

Lido Bar: 9:00 am - 12:00 mn

On Sun Deck:

Verandah Bar: 9:00 am - 7:00 pm

Wine at Dinner?

Order your wine for dinner in advance at the Wine Desk by the Lido Restaurant from 11:30 am - 2:00 pm.

Deck Party Drink Special

Mexican Delight

A pleasant blend of Black Currant Gin and orange juice.
\$2.50.

Cocktail Times

5:00 pm - 6:00 pm & 7:15 pm - 8:15 pm

OCEAN BAR

Ricardo & Catherine Kunz

plays music for your listening and dancing pleasure.

Mr. & Mrs. Westerdam

Two guests have been selected as Mr. & Mrs. Westerdam. Try to find out who they are, ask your fellow guests. The first person to find either one receives prizes on Friday.

Friends of Bill W

Please meet each other in Card Room at 5:00 pm.

Later on Tonight

OCEAN BAR

9:00 pm - 1:00 am

Enjoy the songs and music of
Ricardo & Catherine Kunz or
Daniel Oliver.

EXPLORERS LOUNGE

9:00 pm - 12:00 midnight

Enjoy coffee and liqueurs while
The Rosario Strings entertain.

SALOON

9:00 pm - 11:00 pm

Daniel Oliver plays the tunes you want to hear. Followed by easy listening music.

PEARTREE CLUB

It's Caribbean Night.

11:30 pm - the wee hours.

Our D.J. spins your favorites throughout the evening.

Today's Movies

(Theater, Sun Deck)

Showing at 2:15 pm

Bullets Over Broadway

(Comedy)

Duration 1 hour 39 minutes. Rated R.

Showing at 8:00 pm & 10:15 pm

Nobody's Fool

(Drama)

Duration 1 hour 58 minutes. Rated PG.

Popcorn served before
2:15 pm, 4:15 pm and 10:15 pm showing.

THE CARIBBEAN DECK PARTY

(Upper Prom. Deck, Poolside)

5:00 pm onwards

The Cozumel Mariachi Band and The Steel & Ivory Band Perform

5:30 pm - 8:30 pm

A casual dinner will be served in the Lido Restaurant

8:00 pm

The Lizare Quartet plays for dance music

9:45 pm

Line Dancing with the Cruise Staff

10:00 pm

The Mexican Fun Fest - it's hilarious, don't miss it!

Then

Dance the Night Away with the Lizare Quartet

The Casino

Slot open 9:00 am - 11:00 am

and the full Casino

re-opens tonight

at 11:30 pm.

Tomorrow come in and join our exciting Blackjack Tournament.

Qualifying rounds

2:00 pm - 5:00 pm.

Cash prizes.

Stop by the Casino for information.

The day at a glance

7:00 am - 7:00 pm	Fitness Instructors in attendance in the Fitness Center. Navigation deck, midships.
8:00 am ♥	Walk-a-Mile with our Fitness Instructor. Upper Promenade deck aft.
9:00 am - 8:30 pm	Deck Sports equipment is out for your enjoyment.
9:00 am ♥	Senior Aerobics (Over 40's) with our Fitness Instructor in the Queen's Lounge.
9:00 am - 5:00 pm	The Reading Room (Bookchest) is open. Books games, available. Prom. deck.
9:30 am ♥	Paddle Tennis Competition with the Cruise Staff on the Sports deck.
9:30 am	Vegetable Carving and Marzipan Flower Demonstration. Ocean Bar.
9:45 am ♥	Gents' Ping Pong Tournament. With the Cruise Staff Promenade deck aft.
9:45 am	Art and Antiques tour. Meet Auctioneer Ian by the Theatre, Sun Deck.
10:00 am ♥	High Energy Aerobics (Under 40's this is an advanced class) Peartree Club.
10:00 am	Susan's Daily Quiz, the Puzzler, available in the Reading Room (Bookchest).
10:00 am	Gems of Wisdom - learn more about jewelry from our expert. Ocean Bar.
10:00 am	Snowball Cash Bingo with the Bingo King Matt. Queen's Lounge.
10:30 am	Art viewing for auction #2 which will be held tomorrow. De Halve Maen.
10:30 am - 11:00 am	Coffee is served in the Explorers Lounge.
10:30 am - 11:00 am	Lemonade is served on the outside decks.
10:45 am	Team Trivia for prizes. Brad asks the questions. Ocean Bar.
11:00 am ♥	Volleyball Competition with the Cruise Staff. Sport's Deck.
12:30 pm	The ms Westerdam is expected to dock at Cozumel.
1:00 pm - 2:00 pm	Port Lecturer Greg is on the pier, to provide you with any last minute information.
2:30 pm	Anyone for a game of cards? The Cruise Staff will match you with a partner. Card Room.
3:30 pm ♥	Walk-a-Mile. Upper Promenade deck, aft. with your Fitness Instructor.
3:30 pm	Scrabble anyone? Meet with the Cruise Staff in the Ocean Bar.
3:30 pm - 4:00 pm	Tea is served in the Explorer's Lounge with music by the Rosario Strings.
3:30 pm - 4:00 pm	Iced tea is served on the outside decks.
4:00 pm	Cribbage players meet the Cruise Staff in the Ocean Bar.
4:15 pm ♥	Doubles Shuffleboard. Get-together. Meet the Cruise Staff. Upper Prom. deck, Starboard side.
5:00 pm	The Cozumel Mariachi band performs, alternating with The Steel & Ivory Band. Upper Promenade Deck.
5:30 pm - 8:30 pm	Casual Dinner. Lido Restaurant.
7:30 pm - 8:15 pm	Dance to the Westerdam Orchestra. Queen's Lounge.
7:00 pm, & 8:00 pm	Art Viewing for auction #2 which will be held tomorrow. De Halve Maen Room.
9:00 pm	Dance music by the Lizare Quartet. Upper Promenade Deck. Aft.
9:00 pm & 10:00 pm	Art Viewing for auction #2 which will be held tomorrow. De Halve Maen Room.
9:45 pm	Line dancing. Upper Promenade Deck. Aft.
10:00 pm	Mexican Fun Fest with the Cruise Staff. Upper Promenade Deck. Aft.
10:30 pm	All Aboard!
11:00 pm	The ms Westerdam sails for Ocho Rios, Jamaica.

Deck Party Tonight

Tonight enjoy an evening of music, dining and fun. It all begins at 5:00 pm with The Steel & Ivory Band, plus music from one of Cozumel's finest Mariachi Bands and The Lizare Quartet. From 5:30 pm - 8:30 pm you can enjoy a casual dinner. Then at 9:45 pm it's line dancing with the Cruise Staff. At 10:00 pm join the Cruise Staff for some hilarious fun and games. Then close out the evening with more great dance music from The Lizare Quartet.

Service Hours

INFIRMARY(B deck forward via elevator 3)	
Nurse on Duty:	
8:00 am - 12:00 nn & 2:00 pm - 6:00 pm	Dial 79 or 70 Front Office
For Medical Emergency Dial 72.	
A fee is charged for consultation	
PHYSICIAN'S HOURS	
10:00 am - 11:00 am & 5:00 pm - 6:00 pm	FRONT OFFICE (Promenade deck)
Open 24 hours	
SHOPS ON BOARD (Promenade deck)	
9:00 am - arrival.	BEAUTY PARLOR (Promenade deck)
8:00 am - 8:00 pm	MASSAGE (Navigation deck) Dial 74
8:00 am - 8:00 pm	SAUNA and FITNESS CENTER
(Navigation deck, midships)	
7:00 am - 9:00 pm	SHORE EXCURSION OFFICE (Main deck)
8:00 am - 10:00 am	PHOTO SHOP (Promenade deck)
8:00 am - 11:00 am	CASINO (Promenade deck)
9:00 am - 11:00 am	Slot Machines: 9:00 am - 11:00 am
11:30 pm - the wee hours	Gaming Tables: 11:30 pm - the wee hours
ART HOSPITALITY DESK (De Halve Maen Room)	
10:30 am - 12:00 nn. and 7:00 pm - 11:00 pm.	GUEST RELATIONS MANAGER'S DESK
(Promenade deck)	
9:00 am - 11:00 am & 4:30 pm - 5:30 pm.	

Dining Hours

VERANDAH RESTAURANT

Early Coffee:	6:30 am
Breakfast:	7:00 am - 9:30 am
Continental Breakfast:	7:00 am - 10:00 am
Brunch:	10:00 am - 2:00 pm
Meals by the pool:	11:30 am - 8:00 pm
Ice Cream Parlor:	10:00 am - 2:30 pm
	11:30 pm - 12:30 am

LIDO RESTAURANT

Breakfast:	7:30 am - 10:00 am
Continental Breakfast:	7:30 am - 10:30 am
Brunch:	10:30 am - 2:00 pm
Ice Cream Parlor:	10:30 am - 2:30 pm
	4:00 pm - 5:00 pm
Casual Dinner:	5:00 pm - 8:30 pm
Mexican Late Buffet:	11:30 pm - 12:30 am

LIDO POOLSIDE

Meals by the pool:	11:30 am - 2:30 pm
	8:00 pm - 12:00 mid.

AMSTERDAM DINING ROOM

Open Sitting Breakfast:	8:00 am - 9:30 am
Express Breakfast:	8:00 am - 9:30 am
(Aft section only)	
Open Sitting Lunch:	12:00 nn - 1:00 pm
Dinner:	
First Sitting	6:00 pm
Second Sitting	8:15 pm

