GELYKS NIEU

SUNRISE 6:23 AM m.s. VEENDAM **EASTERN CARIBBEAN CRUISE**



SUNSET 7:56 PM NASSAU, BAHAMAS **SUNDAY, JUNE 30, 1996**

Dress for this evening is: FORMAL

Tuxedo or business suit suggested. Jacket and tie required. Please observe the dress code throughout the entire evening.

Where's the Fleet Today

D - 44 - 1 - 37	Tr. D.C.
Rotterdam V	Vancouver, B.C.
Nieuw Amsterdam.	Juneau, Alaska
Noordam	.Hubbard Glacier, Alaska
Westerdam	At Sea
	At Sea
Maasdam	Oslo, Norway
Ryndam	Seward, Alaska
Rotterdam VI Und	er Construction in Venice
Wind Star	Monte Carlo, Monaco
Wind Song	Huahine, Tahiti
Wind Spirit	At Sea

All Aboard!

The gangway is raised at 12:30 pm and 1:00 pm the m.s. Veendam sails for San Juan, Puerto Rico (777 miles).

From the Navigator

We will arrive in Nassau this morning after sailing through the North West Providence Channel during the night. At 1:00 pm we will sail from Nassau and head north east into the North East Providence Channel, rounding the northern end of Eleuthera Island, and then turning south east. This course will take us all the way to the north coast of Puerto Rico, passing along the northern side of the Bahama islands.



Religious Services

(Wajang Movie Theater, Promenade Deck) 4:00 pm Protestant Worship Service is conducted by Father Ralph

4:45 pm Catholic Holy Mass is celebrated with Father Ralph Villiani.

Welcome to Nassau, Bahamas

Nassau was probably the first island in the West Indies, Caribbean and Bahamas to get a grip on the tourist industry. It's been a grip that it has hardly relinquished over the years. It was at the turn of the century when the pink-faced British gentry sailed out here to shelter from the hot sun under pith helmets and sip tea. Consequently the island quickly gained popularity along with Madeira and the Canary Islands. There are so many different ways that the islands of the New World have developed. Take Bermuda for instance: pastel buildings and horse drawn buggies just like Nassau, but a more peaceful, regulated style than the Bahamas. On the other hand, there's St. Thomas, duty free just like Nassau, but more much more intensive. Nassau has taken the middle model in the state of the middle model in the state of the more intensive. more, much more intensive. Nassau has taken the middle road in a very unpredictable business which relies totally on the economy of other countries, and its own alluring qualities.

Nassau has great shopping bargains: English and other exports sold at duty free prices. Bay Street is 4 blocks of every kind of island-shop, and then right in the middle there's the straw market. It seems that if it can be made out of straw, then it's here and it's definitely for sale. A great way to see the town is by horse drawn buggy. You'll find them at the side of Rawson Square, and you should settle on a price before taking the tour. If it's history you're looking for, there's plenty of that here too. Take a close look at any one of the several fortresses around the town. Like the Caribbean, this was a favorite pirate haunt, and all the stories you'll hear are probably true.

Captain Jonathan Mercer
Captain Jonathan Mercer joined the British Merchant Navy in 1968 as an apprentice with the British & Commonwealth shipping company. He attended a training school in the south of England for six months prior to going to sea for the first time. His first voyage lasted 11/2 years and took him to south and east Africa, India and the Mediterranean. Later assignments took him to the Great Lakes, where he first experienced the hospitality of the American people.

He returned to England in 1971 and qualified for his second mate's certificate. He then went back to sea as third officer on general cargo ships, traveling worldwide. He qualified for his first mate's certificate in 1975 and then saw service as second officer on passenger vessels operating between England and South Africa before being transferred to container ships running to the same destinations.

In 1979 he had sufficient experience and 'sea time' to be able to sit for his master's certificate. It was at this time that his first daughter was born and he decided to find employment nearer to England while he saw his family grow up. He joined Townsend Thoresen Ferries (later taken over by P&O) having gained his master's qualifications. He was promoted to captain in 1989 and served in this capacity until 1994 when he was offered the position of U.K. terminal manager at the Channel Tunnel. He could not, however, forget his first love — the sea — and he returned to sea in 1996 as captain of the ms Veendam.

When on leave he lives in Kingsdown, a small village near Dover, England, with his wife Cynthia and their two daughters Samantha and Elizabeth. Even when he is at home he can't get away from salt water. His main hobby is windsurfing, which he has done for 10 years. His garage is so full of sails, boards and gear, the car has to stay outside!



For your convenience, if you are in a hurry to meet your tour or just starting your day early, we feature an express breakfast in the Dining Room and express continental breakfast in the Lido at the Ice Cream Parlor

Express Checkout

Avoid lines at the end of your cruise and take advantage of our Express Checkout system. Settle your account in advance by bringing your credit card (American Express, Discover, Visa and Mastercard) to the Front Office on Promenade Deck.

Video Games

If you're looking for the thrill of a high speed chase or combat against the meanest men around, then visit the video arcade on Upper Promenade Deck aft. Test your speed and coordination on one of the state of the art video games available just for fun.

Casino College

Today is your chance to find out all you ever wanted to know about the casino. This afternoon at 2:30 pm join Jose, our casino technician, for a "behind the scenes" glimpse at our slot machines during his Slots Clinic. Immediately after this, at approximately 3:00 pm, it will be our pleasure to guide you through the basics of each of our table games at our Complimentary Gaming Lessons.

Keep In Touch

In cabin direct dialing makes staying in touch convenient. Phone service is available 24 hours a day in port and at sea. Just follow the directions in your cabin directory. For fax service, please contact the Front Office.

On Your Honeymoon?

If you are on your Honeymoon please register with Hostess Lynda in the Kristal Terrace at 3:15 pm.

Shops on Board

Swarovski Jewelry Sale

Fabulous pins set with sparkling Swarovski silver crystal now reduced in our costume jewelry clearance sale.

REGULARLY:\$59.99

NOW JUST: \$12.99

Your Morning Paper

We are pleased to provide the New York Times "TimesFax" service which will be delivered to your cabin each morning. Copies of "The Canadian" are also available at the Front Office.

Ice Carving Demonstration

From blocks of Ice to magnificent sculptures in just 20 minutes. Get your cameras ready for one of the most spectacular events of the cruise - our Ice Carving Demonstration on the Lido Deck at 2:30 pm with our Filipino Chefs and a commentary by Hostess Lynda.

Passport to Fitness

You can obtain a "Passport to Fitness" at the Hospitality Desk located in the Delft Library. Activities that can earn you a stamp are marked with a HEART in your Daily program. There's more to the program than fun and fitness. There are prizes! Your prizes can be obtained the day before you disembark. Watch the daily program for time of redemption.

PRIZEAWARDLEVELS

10	stamps		Water Bottle
20	stamps		Waist Bag
30	stamps		T-Shirt
40	stamps		Sweatshirt

Please Note: Passports cannot be combined to receive prizes.

Although we encourage guests to participate in all of the Passport to Fitness activities, we ask your kind cooperation to only partake in one aerobics class per day, as space is very limited. Thank you.

ART AUCTION #1 3:45 PM

Rubens Lounge

Complimentary champagne

Viewing for auction #2 Hudson Room 7:00 pm - 12:00 mn

Seated Art Lectures with Jean Pierre 7:30 pm, 8:30 pm, 9:30 pm & 11:15 pm



Environmental Concerns



Holland America Line is a pioneer in "on board" recycling and the company hopes to expand its program in the future. Presently glass, aluminium, white paper and cardboard are recycled from the ships depending on the capabilities and shore facilities.

Pool Supervision

Children must be accompanied and/or supervised by their parent(s) at all times when swimming in or being around the ship's pools. There is no lifeguard in attendance at the ship's pools at any time.

Chris's Daily Quiz

Chris's Daily Quiz will be available each day starting at 9:00 am in the Hugo de Groot Library. There is a prize for the first correct or nearest correct quiz turned in to the library before 3:00 pm. The winning quiz will be posted in the library each day before 5:00 pm. Try your luck at today's Novel Knowledge Quiz.

Our Alumni

Guests who have previously sailed with Holland America Line are kindly requested to complete The Society of Honorary Mariners form which has been delivered to your stateroom, and return it to Front Office today. Thank you for your cooperation.

From the Photo Shop

Due to limited space, photos may be removed fairly quickly. We recommend you place your photo order early for prompt delivery and to avoid lines later in the cruise.

Drinking Age

The drinking age on board all Holland America Line ships is 21 years of age.

Steiner of London

The Fully Equiped European Health Spa

If you are thinking of using any of our facilities or services this cruise, make sure to attend our presentation in the Ocean Spa at 1:30 pm to learn exactly what we can do for you this cruise.

Eat More to Weigh Less Presentation
Learn how to control your body this
cruise! Also, see how the latest
"anti-cellulite" treatment really works
at 2:30 pm in the Ocean Spa.
For appointments dial 3251.

Tonight's Entertainment In The Rubens Lounge 8:15 pm & 10:15 pm

Could It Be Magic

A Magical Song and Dance Spectacular

Audio/Video Recordings and Flash Photography Are Not Permitted.

Today's Television Listings

Channel 1 - (Sony 3), The News Channel: Satellite TV #1 CNN

Channel 2 - (Sony 6), The Port Channel:

7:00 am Nassau Tour and Port Preview.

2:00 pm Shore Excursion Talk. (Live)

3:00 pm Shore Excursion Talk and History of the Caribbean video. (Repeated)

Channel 3 - (Sony 17), The H.A.L. Channel: The World of Holland America Line.

Channel 4 - (Sony 19), The Movie Channel:

8:00 am Waterworld

10:01 am Get Shorty

11:46 am The Scarlet Letter

1:47 pm Waterworld

3:48 pm Get Shorty

5:33 pm The Scarlet Letter

7:34 pm Waterworld*

9:35 pm Get Shorty*

11:20 pm The Scarlet Letter*

(*repeated throughout the night)

Channel 5 - (Sony 21), Scandisplay:

Showing our current position, weather and port information.

Channel 6 - (Sony 7) Local Programming: Satellite # 2.

About Tonight's Show

Every little thing she does is Magic! Tonight, share a young lady's dream of making it big in show business, as she joins The Great Veendini to "make magic together"....if only she can get the tricks right!

Our talented cast brings you song, dance and illusion in this lavish production featuring the costumes of world famous designer Bob Mackie. It's a magic show about a magic show, where anything can happen. Could It Be Magic? Find out tonight!

Film Processing

Have your 35mm films developed onboard! Simply fill out one of the envelopes supplied and drop it into the Drop Box. Completed orders will be delivered to your cabin by the evening of the next day. The film drop box is located in the Photo Gallery on Promenade Deck. 36 exposure film is \$14.99 and 24 exposure film is \$12.99.

Cocktail Time

During cocktail hours in the Ocean Bar and Crow's Nest, complimentary hot appetizers will be served.

5:00 pm - 6:00 pm & 7:15 pm - 8:15 pm

Music and Dancing THE JORDAN HEPPNER TRIO plays

great dance music. Ocean Bar: 9:00 pm - 12:00 mn

DANIEL OLIVER welcomes you for after dinner entertainment with a little light piano music.
Piano Bar: 9:00 pm until the wee hours.
At 9:45 pm stop by for an old-fashioned sing-along.

THE ROSARIO STRINGS provide music and entertainment. Coffee and Liqueurs are served. Explorers Lounge: 9:15 pm until 12:00 midnight

D.J. MARK plays dance music till the wee hours. Crow's Nest: 9:00 pm - wee hours. At 11:30 pm it's Karaoke Time with the Cruise Staff.

Today's Movies

Wajang Theater, Promenade Deck 2:00 pm

FATHER OF THE BRIDE, PART 2

Starring: Steve Martin and Diane Keaton Comedy. Duration: 1 hour 46 minutes. Rated PG.

 $8:00\,\mathrm{pm}\,\&\,10:15\,\mathrm{pm}$

TOYSTORY

Starring the voices of: Tom Hanks and Tim Allen Animated Comedy. Duration: 1 hour 29 miunutes Rated G.

Welcome Aboard Champagne Party

In the Rubens Lounge
5:15 pm for the First Sitting
7:15 pm for the Second Sitting
Captain Jonathan Mercer
and

Hotel Manager Willem Cruijsberg will be at the entrance to greet you.

During the party Captain Mercer will introduce the senior officers of the m.s. Veendam.

The day at a glance

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	am -7:00 pm	The Pools and Jacuzzis are openLido and Navigation Decks
7:00		The m.s. Veendam docks in Nassau, Bahamas.
8:00		Walk-a-Mile around the deckLower Promenade Deck
	am - 9:30 am	Any Port Questions? See Port Lecturer Chris RobertsGangway
8:45		Low Impact Aerobic ExercisesOcean Spa
9:00		Chris's Novel Knowledge Quiz is availableReading Room (Library)
	am - 5:00 pm	Indoor Games and Books are availableReading Room (Library)
9:30	am	Raft Drill for crew only. Please ignore the alarms.
10:00	am	Mixed Shuffleboard TournamentSports Deck
10:30	am - 11:00 am	Lemonade is servedOutside Decks
11:00	am 🐧	Mixed Ping Pong GameLower Promenade Deck forward
11:00	am - 1:45 pm	Poolside Music with "Steel of Dreams"Lido Deck
11:45		Monopoly Game with the Cruise StaffOcean Bar
12:30	pm	ALL ÂBOARD! The Gangway is raised.
1:00		The m.s. Veendam sails for San Juan, Puerto Rico (777 miles).
1:30		Hair, Beauty and Fitness DemonstrationOcean Spa
1:30		Singles Get-Together with Asst. Cruise Director JohnPiano Bar
1:30		Dance Class with entertainer KathleenRubens Lounge
1:45		International Horse Racing with the Cruise StaffLido Deck
2:00	pm	SHORE EXCURSION PRESENTATIONRubens Lounge
2:00		Camera Corner with our PhotographerOcean Bar
2:15		Cruise Crafts with the Cruise StaffLido Restaurant, Port Side
2:15	pm	European and South American Get-TogetherOcean Bar
2:30		Eat More to Weigh Less PresentationOcean Spa
2:30		Slots Clinic. See what's behind the Machines
2:30		Teen Ping Pong TournamentLower Promenade Deck forward
2:30		Ice Carving DemonstrationLido Deck Poolside
2:45		Mixed Quoits CompetitionSports Deck
3:00		SNOWBALL CASH BINGO! Join Bingo King JohnRubens Lounge
3:00		Learn to play Blackjack, Craps and Roulette
3:15	pm •	Gym Orientation with our Fitness AdvisorOcean Spa
3:15		Honeymooners' RegistrationKristalTerrace
	pm - 4:00 pm	Afternoon Tea is servedExplorers Lounge
3:30		Ladies vs. Gents Volleyball GameSports Deck
3:30	nm	Bridge Players Get-TogetherCard Room
	pm - 4:00 pm	Iced Tea is servedOutsideDecks
3:45		ART AUCTION #1 with Art Auctioneer Jean PierreRubens Lounge
4:00		Pictionary Game with the Cruise StaffOcean Bar
4:00		Walk-a-MileLower Promenade Deck
4:00		Friends of Bill W. MeetingLido Restaurant, port side forward
4.30	pm & 5:00 pm	Stretch and Relaxation Class
		5 pm - 8:15 pm Cocktail TimeOcean Bar and Crow's Nest
	pm or 7:15 pm	WELCOME ABOARD COCKTAIL PARTYRubens Lounge
	pm & 8:30 pm	Seated Art Lectures
	pm & 10:15 pm	Showtime. Presenting the cast of "Could it Be Magic"Rubens Lounge
	pm & 10.15 pm	Seated Art Lectures
9:45		Sing Along with Daniel Oliver and the Cruise StaffPiano Bar
11:30		Karaoke Time with the Cruise StaffCrow's Nest
11.50	Piii	randoke time with the cluse stattClow 5 1965t

Nassau Travel Tips

Official Language: English

Population: approximately 130,000

Currency: Bahamian Dollar which is equal to the U.S. Dollar

Shop Hours: 9:00 am - 5:00 pm (Many shops closed on Sundays)

Closest Beach: Paradise Island and Cable Beach

Sights: Coral World, Adastra Gardens and the Straw Market

AT&TUSAdirect: 1-800-872-2881

R.H Curry and Company Ltd. Ship's Agent:

303 Shirley Street P.O. Box N8168 Nassau, Bahamas

Tel: 809-322-8681

Service Hours

INFORMATION, (24 Hours) Dial 3325

EMERGENCY: Dial 911

SHOREEXCURSION OFFICE, Promenade Deck: 1:00 pm - 5:00 pm.

CASINO, Upper Promenade Deck: 1:30 pm -close.

SHOPS ON BOARD, Upper Promenade Deck: 1:00 pm - 10:30 pm.

PHOTO SHOP, Promenade Deck Photos taken today will be displayed in the gallery this evening.

MASŠAGE&BEAUTYSALON, Lido Deck: 8:00 am - 8:00 pm.

SAUNA and OCEAN SPAFITNESS **CENTER**, Lido Deck: 7:00 am - 9:00 pm. ARTGALLERY, Hudson Room:

7:00 pm - 12:00 mn. INFIRMARY, Dial 99

Nurse on duty:

8:00 am - 12:00 nn & 2:00 pm - 6:00 pm. Physician's Consulting Hours:

8:00 am - 9:00 am & 5:00 pm - 6:00 pm.

GUESTRELATIONSMANAGER, Promenade Deck:

9:00 am - 11:00 am & 3:00 pm - 5:00 pm

INTERNATIONAL HOSPITĀLITY DESK, Explorers Lounge Foyer:

9:00 am - 9:30 am & 4:00 pm - 4:30 pm

JUICEBAR, Lido Deck forward: 9:00 am - 3:00 pm

JAVA CAFE, Promenade Deck: 2:00 pm - 4:00 pm

Dining Hours

BREAKFAST

Lido Restaurant

Early Coffee: 6:00 am

Continental Breakfast: 6:30 am - 11:00 am Breakfast: 7:00 am - 10:00 am

Rotterdam Dining Room:

7:30 am - 9:00 am

LUNCH

Lido Restaurant: 11:30 am - 2:00 pm

Lido Poolside

Taco and Pasta Bar: 11:30 am - 2:30 pm

Hamburgers and Hot Dogs:

11:30 am - 5:00 pm

Rotterdam Dining Room:

12:30 pm - 1:30 pm

CAPTAIN'S GALA DINNER Rotterdam Dining Room

First Sitting 6:00 pm Second Sitting 8:15 pm

FRENCH LATE NIGHT SNACK

Lido Restaurant: 11:30 pm - 12:30 am

ICE CREAMPARLOR

Lido Restaurant

11:30 am - 2:30 pm 4:00 pm - 5:00 pm 11:30 pm - 12:30 am

Coffee and Tea are available 24 hours in the Lido Restaurant.