



# PRINCESS PATTERN

A daily guide to cruise activities 

AT SEA • MONDAY, JULY 17, 2006 • SEA PRINCESS  
Sunrise 5:39am • Sunset 10:09pm • Tonight's Dress: Formal

## Let Us Entertain You!

Sea Princess boasts a vastly talented production cast of 12 entertainers plus 7 musicians, all under the expert guidance of Cruise Director Peter Roberts. Continuing our tradition of developing elaborate productions which offer the most unique entertainment at sea, we are proud to introduce the brand new shows – "Tribute" which pays homage to musical stars of today and yester year. "Piano Man" highlights the melodic sounds of keyboard luminaries and "Cinematastic" featuring your favorite moments from silver screen and Shake, Rattle and Roll with the great sound of the 50's and 60's. Outstanding bands and cabaret acts add to the variety throughout the ship, including the non-stop party venue of the Vista Lounge and a fabulous team of Cruise Staff to keep you happy and occupied from morning till night. Never has so much variety and exciting options been offered afloat!



### Captain's Circle Membership Enquiries Desk

9am to 11am & 2pm to 4pm  
Deck 5, Main Atrium

Are you our Most Traveled Passenger? If you have more than 150 days @ sea with Princess OR Princess & P&O combined, kindly register with Jodi at the Captain's Circle desk.

### Renewal of Vows

Rekindle the romance, renew your vows! We have the perfect package available for you. Our Renewal of Vows Package conducted by the Captain. Bouquet for her, boutonniere for him, champagne with souvenir glasses and a framed formal portrait. A unique approach to celebrating your love for each other. Please contact the Purser's Desk for details.

### Princess Grapevine - 3:00pm

Wine connoisseurs and wine enthusiasts are invited to a wine tasting in the Rigoletto Dining Room on Deck 5 Midships. Come sample selected wines from the renowned cellars of the Sea Princess. Enjoy wine tasting in a casual atmosphere for only \$9.50. To avoid lining up for this popular event, why not register at the Grapevine Hospitality Desk, Horizon Court Deck 14 anytime between 10:00am and 2:00pm.

### Your Dining Hours

#### BREAKFAST

Traviata Dining Room, Deck 6  
7:00am-9:00am

#### LUNCHEON

Traviata Dining Room, Deck 6  
Noon-1:30pm

Pizzeria/Café Corniche  
Dolphin, Deck 8

11:00am-3:00pm & 6:00pm-Midnight

#### DINNER

Traviata Dining Room  
Atrium, Deck 6 Midships  
First Sitting 6:15pm, Second Sitting 8:30pm

Rigoletto Dining Room  
Atrium, Deck 5 Midships  
Anytime Dining 5:30pm-10:00pm

Sterling Steakhouse  
Horizon Court, Deck 14  
6:30pm-10:00pm (Charge applicable)

#### BUFFET

Horizon Court, Deck 14  
Breakfast 6:00am-11:30am  
Lunch 11:30am-3:30pm  
Tea Time 3:30pm-4:30pm  
Light Snack Buffet 3:30pm-6:00pm  
Dinner 6:00pm-11:00pm

## FROM THE NAVIGATOR

Once out clearing the passenger terminal berth Sea Princess will proceed ahead through the "Noordzeecanal" with various northwesterly courses.

At approx 23:45 we will be inside the dock with our lines secured for about 15'. Shortly after we will continue our navigation through the channel. At about 03:00 our pilot will be disembarked and we will set a northeasterly track towards our next port of call, Oslo.

### WEATHER TODAY

Partly cloudy skies with moderate Southerly wind and possibility of scattered showers.  
Temp High 23C/73F • Low 14C/57F

### PLANET PRINCESS

Princess Cruises is committed to the protection of the environment so please **do not** throw anything over the side. This includes matches and cigarettes which can be extremely hazardous to both the ship and the environment.

### ENVIRONMENTAL COMPLIANCE

**HOTLINE**  
Dial CLEAN or 25326 or  
1-888-290-5105  
[www.carnivalcompliance.com](http://www.carnivalcompliance.com)

### MEDICAL CENTRE

The Medical Centre is situated on Deck 4, access via starboard forward elevator or stairs near Purser's Desk, Deck 5  
Office Hours Today  
10:00am to Noon & 4:30pm to 6:30pm  
For routine medical attention please dial 5000. For emergency only please dial 911.

## DAYTIME ACTIVITIES

- 9am-10:00am BRAINTEASERS**  
You can now pick up your daily quiz from the Library. *Library, Deck 7*
- 9am-3:00pm INCH OF GOLD & SILVER**  
Starting at \$1.49 per inch. Purchase 21" or more & receive a pendant for only \$9.99. *Atrium, Deck 6*
- 9am-11:00pm FRAGRANCE & COSMETICS**  
Special savings take 30% off tax & duty free price on discontinued selected styles of fragrance & cosmetics (cannot be combined with other promotions). *Reflections, Deck 6*
- 9:45am ADULT GOLF PUTTING COMPETITION**  
Join Juan of the Cruise Staff for some Princess Medals. *Atrium, Deck 5*
- 10am-Noon & 2-4:00pm CERAMICS@SEA**  
Join the Cruise Directors Staff and create your own ceramic work of art (Material and fees vary). *Wheelhouse Portside Corridor, Deck 7 Fwd.*
- 10am & 2pm CARDS AND GAMES GET-TOGETHER**  
Anyone interested in playing whist, Bridge or any other card or board games should meet at this time. *Casino Card Room, Deck 8*
- 10:00am CULINARY DEMONSTRATION**  
Peter introduces our Corporate Executive Chef Commendatore Alfredo Marzi in an entertaining demonstration. Followed by:  
**A TOUR OF THE GALLEY**  
A behind the scenes look at the Galley of the Sea Princess. Exclusive Princess Cookbook 'Courses', purchase this beautiful industry leading cruise memory and meet our Executive Chef who will autograph your own personal copy. Normally retailed at \$35.00 you can purchase a copy at the Culinary Demonstration today for only \$28.00. *Vista Lounge, Deck 7 Aft*
- 10:00am ADULT LADIES PING PONG**  
Meet Susan from the Cruise Staff who present the medals. *Riviera, Deck 12 Forward*
- 10:15am SUDOKU CHALLENGE**  
Join Mendl with an introduction to the latest puzzle craze to test your brain skills. *Razzmatazz, Deck 7*
- 11:00am SPECIAL INTEREST LECTURE**  
**A Life on the Ocean Wave – The Golden Age of Sea Travel.** Using written accounts, letters and direct quotations from those who sailed as passengers and crew, Sarah Edington's talk explores both the magic world of the first class travelers and the ordeals of steerage. *Princess Theatre, Deck 7*
- 11:00am IT'S A FLORAL WORLD**  
Join our onboard horticulturist, Jerry, for a demonstration of their world of fragrant corsages, bouquets and floral arrangements. Cruise Director Peter is your host. *Atrium Plaza, Deck 5*
- 11:15am BRUNCHTIME QUIZ TIME**  
With Juan of the Cruise Staff, who will win the bubbly. *Crooners Lounge, Deck 7*
- 11:15am SNOWBALL JACKPOT BINGO**  
Bingo cards go on sale at 10:15am. Join Peter and Mendl. *Vista Lounge, Deck 7 Aft*
- 11:30am MEXICAN FIRE OPAL SEMINAR**  
Join Julie and enter to win a free Fire Opal (value up to \$175). *Razzmatazz, Deck 7*
- Noon-2pm ATRIUM MELODIES**  
with our talented ship's musicians. *Atrium, Deck 5*
- Noon-1:30pm LUNCHTIME MELODIES with The Barnacles**
- Noon LINE DANCING CLASS**  
Join Jason from the Cruise Staff. *Vista Lounge, Deck 7*

- 12:15pm ARTS AND CRAFTS with Denise**  
*Victorian Greeting Cards* - Create a Victorian Style Greeting card with delicate lace and flowers. *Razzmatazz, Deck 7*
- 12:30pm SERVICE CLUB GET-TOGETHER**  
The Cruise Staff are on hand to assist. Attendance cards will be given out. *Crooners Lounge, Deck 7*
- 1:00pm TEACHERS & HEADTEACHERS GET TOGETHER**  
*Crooners Bar, Deck 7*
- 1:00pm FUTURE CRUISE PRESENTATION**  
**Alaska 2007: The Wilderness Destination**  
Join Jacqueline on a journey through Princess Cruises' exciting Alaska programme, including our landtours and exclusive Wilderness Lodges. *Vista Lounge, Deck 7*
- 1:30pm FLIP FLOP & FLY (Duration 20 Minutes)**  
Join the cruise staff as we find out who can make the biggest splash by the pool (Sign Ups at 1:15pm adults only, weather permitting). *Riviera Pool, Deck 12*
- 2:00pm TODAY'S BIG SCREEN MOVIE: DERAILED**  
Starring: Vincent Cassel, Olive Owen & Jennifer Aniston 112 minutes, Rated: R - Drama/Thriller *Princess Theatre, Deck 7 Fwd.*
- 2:00pm CHAMPAGNE ART AUCTION (1:00pm Preview)**  
Don't miss the fun and excitement of viewing over 200 works of art by world famous artists at significant savings of up to 50% off suggested retail prices. Complimentary Champagne and fabulous art giveaway! *Wheelhouse Bar, Deck 7*
- 2:15pm PRINCESS MILLIONAIRE**  
Come join the Cruise Staff for our version of this popular T.V. Show. *Vista Lounge, Deck 7 Aft*
- 2:30pm ADULTS MENS SHUFFLE BOARD COMPETITION**  
Join Mendl of the cruise staff who will host the fun. *Lido, Deck 14 Aft Portside*
- 3:00pm SINGLES & SOLO TRAVELLERS GET-TOGETHER**  
Meet with Anne. *Crooners Lounge, Deck 7*
- 3:00pm PRINCESS GRAPEVINE**  
With Maitre D'Hotel Renzo Rotti and his team. *Rigoletto Dining Room, Deck 5*
- 3:15pm BEGINNERS BALLROOM DANCE CLASS**  
Join Cruise Director Peter for today's class "The Swing". *Vista Lounge, Deck 7 Aft*
- 3:30pm Pictionary CHALLENGE**  
Join Susan of the cruise staff for this fun game. *Crooners Lounge, Deck 7*
- 3:30-4:30pm AFTERNOON TEA**  
Will be available at the *Traviata Dining Room, Deck 6*, accompanied by Wojciech Fieden.
- 4:00pm SNOWBALL JACKPOT BINGO**  
Bingo cards go on sale from 3:00pm. Join Jason of the Cruise Staff. *Vista Lounge, Deck 7 Aft*
- 4:15pm ADULT DECK QUILTS (ALLCOMERS)**  
With Juan from the Cruise Staff. *Lido Deck 14 Portside*
- 4:30pm AFTERNOON TRIVIA CHALLENGE**  
With Mendl of the Cruise Staff. *Crooners Lounge, Deck 7*
- 5:00pm FRIENDS OF DOROTHY (GLTB)**  
Are invited to meet in the *Vista Lounge, Deck 7 Aft*
- 5:15pm FRIENDS OF DR. BOB AND BILL W. MEETING**  
*Razzmatazz, Deck 7*
- 5:30-6pm & 7:45-8:15pm CAPTAIN'S COCKTAIL PARTY**  
Captain Julian Burgess and the ship's Officers cordially invite you for cocktails. *Atrium, Decks 5, 6 & 7*

## LOTUS HEALTH AND FITNESS PROGRAM

- Aerobic Studio, Deck 12 Aft*
- 7:00am** Walk a mile
- 9:00am** Pathway to Yoga - \$10 fee
- 10:00am** Group Cycling (Spin) \$10 fee
- 11:00am** Free Seminar - DETOX FOR WEIGHT LOSS
- 4:00pm** Pilates \$10 fee
- 5:00pm** Stretch and relax

## FUN ZONE AND TEENS HOURS

Riviera Deck 12 Aft

9am-Noon, 2pm-5pm & 7pm-10pm Youth Activities  
9am-Noon, 2pm-5pm & 7pm-1am Teens Activities

## COMPUTERS@SEA

Join Computer Instructor Sheryl. *Rigoletto Dining Room, Deck 5*

(There is a charge of \$25.00 per class)

9:00am Word for Beginners  
10:00am Word Tips & Tricks  
11:00am Create Powerpoint slideshows  
12:00pm Powerpoint Tips & Tricks  
1:00pm Create a Web Page with Frontpage

4pm-5pm & 7pm-9pm **Questions about email or the internet?** Sheryl will be available in the Internet Café, Deck 7 to answer your Internet and email questions.

## LIBRARY OPENING HOURS

9-Noon and 4:30pm-7:30pm

Librarian Srilekha will be in attendance to sign-out books. Needlepoint Kits from \$7.00. Britain Today & New York Times Fax will be available for reading only once received and printed. *Library, Deck 7*

## STATEROOM TV

**THE PRINCESS CHANNEL (Channel 22)**

6-11:00am Sea-U-In The Morning with Peter & Jason  
11am-6pm Alexandra Nechita - "Portrait of the Artist"  
6pm onwards Princess Reflections

**PORT CHANNEL (Channel 30)**

6am-12mm Adventures Ashore Port & Tour Overview

## ADVENTURES ASHORE

Located on Plaza Deck, Deck 5 in the Atrium Lobby

### TOUR OFFICE

Office Hours: 8:00am to 11:30am & 2:00pm to 5:00pm

**BOOKINGS FOR COPENHAGEN, CLOSE AT 5:00PM TODAY!**  
No refunds or exchanges can be made after this time.

Tickets are still available for tours in our upcoming ports! Don't stand in line, simply complete a Tour Booking Order Form and place it in the 24 hour drop box located at the Tour Office, Deck 5 Mid-ships. Tickets will be delivered to your stateroom.

Have a lovely day At Sea!

### Tour & Guide C.R.U.I.S.E. Service Recognition

This form is to recognize your Tour Guide who provided superior service and made your tour special and memorable. Forms are available now at the Tour Office.

### COPENHAGEN SHUTTLES

During our call into Copenhagen, a shuttle service will be operating from the pier to the town. Shuttle tickets are \$5USD per person each way and are only available onboard. Shuttle Tickets are available from the Tour Office, Deck 5, Atrium. Please complete the booking form and place it in the 24hr drop box. Tickets will be delivered to your stateroom. The cost of this will be charged to your shipboard accounts. Shuttle tickets will not be available on the dockside and therefore must be purchased onboard.



## TONIGHT'S ENTERTAINMENT

This evening's dress code is Formal

Audio or video taping is prohibited due to copyright. No saving of seats please. Unaccompanied children are not permitted in the front three rows. Last two rows reserved for passengers with limited mobility.

### PRINCESS THEATRE

Promenade Deck 7 Fwd Showtimes: 8:30pm & 10:30pm

THE PRODUCTION SHOW

#### TRIBUTE

STARRING ELIZA MACKLE & TODD HONEYCUTT  
& THE SEA PRINCESS DANCERS

Mc.: Peter Roberts • Musical backing: Steve Lee & The Sea Princess Orchestra

### VISTA LOUNGE

Promenade Deck 7 Aft

Showtimes:

8:30pm & 10:30pm

Pre-show dancing with The Barnacles  
8:00pm & 10:00pm

### MAGIC & MERIMENT

Starring:

The Comedy Magic of

#### BERNARD REID

MCs: Cruise Director Peter Roberts & Deputy Cruise Director Jason Parsons

9:30pm

### JEOPARDIZED TRIVIA

Join Jason and the Cruise Staff for this fun team game show. Teams of up to 6.

### RAZZMATAZZ

Promenade Deck 7 Midship

Club opens at 10:00pm

(18 years and over only after midnight)

10:00pm to 10:30pm

### ROMANTIC LOVE SONGS

10:30pm

### PRINCESS POP STAR HEAT # 1

Have you got what it takes to be the voice of the Sea Princess? The Cruise staff are your hosts.

11:45pm

### DANCE TILL DAY BREAK

With DJ Jojo spinning the discs

### MOVIES UNDER THE STARS

Riviera Deck 12 Midships

10:00am FINDING NEMO

2:00pm BRIDGET JONES - EDGE AND REASON

4:00pm SPIDERMAN

8:15pm & 10:15pm

#### FLIGHT PLAN

For your convenience and enjoyment, a personal wireless unit and ear phones have been placed in your stateroom for you to enjoy the afternoon programming before 6:00pm. Pools and Jacuzzis, Deck 12 will be closed for the late evening programs.

### PREMIER CRU BAR

Promenade Deck 7 Midships

5:00pm till late

### ENJOY OUR SELECTION OF FINE WINES

PRE-ORDER YOUR CAVIAR AND CHAMPAGNE

### HORIZON COURT

Lido, Deck 14

7:00pm to 9:00pm

Enjoy music of  
**PATRICE DOUCET DUO**

### CROONER'S LOUNGE

Promenade Deck 7 Midship

9:00pm until late

AN EVENING OF MUSIC WITH

#### DAVID MOORE

Playing your requests while you enjoy one of our signature Crooners' Martinis

10:00pm

### GENERAL KNOWLEDGE QUIZ

With Cruise Director Peter

### WHEELHOUSE BAR

Promenade Deck 7 Forward

Music every evening for your dancing and listening pleasure

5:30pm to 9:00pm

#### TERRY & MAYA DUO

9:15pm till late

DANCE THE NIGHT AWAY

TO THE MUSIC OF

#### PETE NILSON DUO



## BOUTIQUES ONBOARD

Emerald Deck 6 9:00am-11:00pm

EXCLUSIVELY PRINCESS!

### MEXICAN FIRE OPAL SEMINAR

Join Julie our on board Jeweler. See the Fire of a Mexican Sunset  
Enter to win a FREE Fire Opal. Set in 14K White & Yellow Gold  
Valued at \$175! 5 year Guarantee  
11:30am Razzamatazz, Deck 7 Midship

### SWAROVSKI AT SEA

Fine Austrian Crystal Gifts & Jewelry  
Save an extra 10% when you buy \$275 or more  
Save an extra 15% when you buy \$375 or more  
Save an extra 20% when you buy \$500 or more  
9am - 3pm, Atrium Deck 6

EXCLUSIVELY PRINCESS! ONE DAY ONLY

### SCANDINAVIAN PORT TEES

Starting at \$9.99  
Buy 3 & save an extra \$6 sizes small - XXXL  
9am - 11pm, Latitudes, Deck 6

We Will Match The Price On Any Identical Item In Port!



## FINE ARTS

Wheelhouse Bar, Deck 7 Fwd

Auction 2:00pm - Preview 1:00pm

### CHAMPAGNE ART AUCTION

A great opportunity to bid on beautiful works of art at up to 50% below estimated retail prices. Join Paul & Jewel, your Art Auctioneers for Free Champagne and fabulous art giveaway. Don't miss out! Paul & Jewel will be in the Art Gallery, Deck 7 between 7:00pm to 8:30pm to answer any questions you have about the art auctions at sea.



## FUTURE CRUISE SALES

Wheelhouse Bar, Deck 7 Starboard Side - Tel.: 7305

Office Hours: 9:00am-12noon & 2:30pm-6:00pm

Europe and Alaska 2007 have opened for booking...Reserve early for one of the unique itineraries on the new Royal Princess or Emerald Princess. The Star Princess continues her popular Baltic cruises to Scandinavia and Russia ... and lots more. Come to see Jacqueline and find out about the shipboard credit you can earn on your next cruise. Low deposits of £75\* or US\$100 per person apply. \*UK passengers do not pay the deposit onboard unless making a confirmed reservation.



## MONTE CARLO CASINO

Dolphin Deck 8 Midship

Slot Machines: Open 10:00am until the wee hours

Gaming Tables: Open 11:00am until the wee hours

### FREE CASINO LESSONS!

Free Table Lessons at 12.30 am  
On Blackjack, Roulette & Three Card Poker  
Come and learn about our table games.

Don't forget to bring your "Passport to Value" coupon to get \$5 Free chip!

LOW LIMIT GAMING TODAY UNTIL 6PM

That's right, every sea day until 6pm you can play for a fraction of the normal minimums.

### \$\$ SNOWBALL JACKPOT BINGO \$\$

All bingo tickets are charged to your shipboard account  
Tickets on Sale outside the Vista Lounge 1 hour before each session

TODAY'S SPECIAL:

Casino T-shirt for every Bingo game winner!!!!

PLEASE NOTE THAT THE MINIMUM AGE FOR ANYONE ALLOWED IN THE CASINO IS 18 AND PHOTO I.D. WILL BE REQUIRED.

If you have registered a credit card at the Purser's Desk then you may charge your casino chips or Slot tokens to your shipboard account (up to \$1,500 per day, \$5,000 per cruise). A 3% Surcharge will be included. Cigar and pipe smoking is not permitted in the casino.



## PHOTO & VIDEO GALLERY

Promenade Deck 7 Aft 9am-5pm & 10pm-11:30pm

### FORMAL PORTRAITS TONIGHT

FREE PORTRAIT SITTING NO OBLIGATION TO PURCHASE  
5 Specialty Photo Backgrounds available in the  
Atrium on Decks 5, 6 and 7 between  
5:30pm-6:30pm • 7:30pm-8:30pm • 9:30pm-10:30pm  
PURCHASE BOTH OF YOUR AMSTERDAM GANGWAY PHOTOS AND RECEIVE A SMALL  
SOUVENIR FRAME OR SMALL LINEN FOLIO FREE!

### Dress up and be the Stars!

The Reflections video Team will be out at the Captain's Cocktail Party.  
Stop by the Photo/Video Gallery to see if you were caught on camera and to order a copy of your Cruise Video.



## LOTUS SPA & BEAUTY SALON

Riviera Deck, Deck 12 8:00am to 8:00pm, Tel:12724

Gymnasium open 7:00am to 10:00pm

### CHECK OUT OUR FREE SEMINARS THIS CRUISE

TODAY 11AM - DETOX FOR WEIGHT LOSS

If you suffer from being overweight, have high cholesterol, bloating, cellulite, constipation, water retention & are susceptible to colds & flu's, then this seminar is for you. Our Fitness Director will show you how to have more energy and keep the weight off for good.

AEROBICS STUDIO - DECK 12 AFT

Other free seminars include:

Eat More to Weigh Less - Tuesday 3.00pm

Three Secrets to a Flat Stomach - Thursday 3.00pm

Detoxification for Life - Friday 11.00am

### A NEW YOU SPECIAL

Receive a FREE body composition analysis with any IONITHERMIE scheduled at a discounted \$125. This unique package will unite body correction with new healthy eating habits and exercises tailored for you by your onboard specialists



## FLOWERS

Atrium Lobby, Deck 5 3:00pm to 7:00pm

### SAY IT WITH FLOWERS

Spoil someone today by buying flowers.  
Pop by and see Gerry and Roger, our on board florists.



## BAR NEWS & INFORMATION

Please check your "Quick Reference Card" for the hours of operation of the bars on board. This card can be found in your stateroom.

### SIGNATURE COLLECTION

QUENCH YOUR THIRST WITH THESE PREMIUM COCKTAILS

#### RASPBERRY MOJITO \$6.50

A version of the popular Caribbean drink made with  
Appleton Rum & Raspberries

#### MARTINI OF THE DAY \$6.00

##### MAMBO MARTINI

Smirnoff Vodka, Coconut Rum and Banana Liqueur

### SHIPBOARD BEVERAGE POLICY

Passengers under 18 years of age will not be served alcoholic beverages. Please understand that you may be requested to show identification indicating date of birth.



PRINCESS CRUISES

escape completely®