



# PRINCESS PATTTER

A daily guide to cruise activities 

AMSTERDAM, NETHERLAND • SUNDAY, JULY 16, 2006 • SEA PRINCESS  
Sunrise 5:51am • Sunset 9:54pm • Tonight's Dress: Smart Casual

## Welcome to Amsterdam

As the Dutch like to boast, while God made the world, they made the Netherlands. Man's influence here is evidence by the missing Zuider Zee, walled out by the massive 19-mile dike completed in 1932. The flat, marshy swampland that surrounded the original Dutch settlement had disappeared beneath the capital itself, most of whose buildings are supported by an estimated five million wooden piles driven deep into the soggy ground.

Imbued with gezelligheid, a special quality of cozy intimacy, Amsterdam is vibrant, amoral, fascinating, and – above all – alive. You'll enjoy the city's unique flavor as you explore its 700-year-old streets, marvel at its stepped-gable houses, glide down its bustling canals, cross its many bridges, tour its museums, enjoy its gorgeous flowers and shop for everything from diamonds to Delftware.

### Captain's Circle Membership Enquiries Desk

9am to 11am & 3pm to 5pm  
Deck 5, Main Atrium

Once you have completed your first Princess cruise, your Captain's Circle membership recognizes cruises from Princess, Sitmar, P&O, Swan Hellenic and Ocean Village. Note you must complete your first Princess Cruise to qualify.

### IMPORTANT NOTICE - PLEASE READ!

Whilst it is well known that drugs/narcotics are readily available in Amsterdam (including the Red Light District, coffee shops, etc), their presence onboard our vessels is not permitted. Anyone found to be in possession of any type of illegal substance will be considered to have committed a criminal act. The item will be confiscated and the offender will be disembarked at our next port of call, into the care of the appropriate local authority for prosecution. Parents and guardians are asked to be particularly vigilant of their youngster's activities whilst ashore in Amsterdam. Thank you for your cooperation.

### Currency Rate

Please note that Euros & Pounds are only available from the Purser's desk on deck 5 at the following times:  
8:00am - 4:00pm

#### RATES:

	SELL	BUY
Sterling Pounds	0.50	0.52
Euro	0.73	0.76

### Currency Exchange

- The U.S. Dollar & UK Pounds are NOT widely accepted in Europe.
- Please note major Credit Cards and Debit Cards are widely accepted in some ports.
- When making purchases ashore on your credit card or debit cards, you will be billed and sign for amounts in local currency. This will be exchanged by your banking institution into your home currency as shown on your statement (photo ID will be required at time of purchase).
- A nominal service fee of USD \$3.50 is made per transaction.

### Reservation of Seats

As a courtesy to your fellow passengers, we kindly request that there is no reserving of seats in the Princess Theater and Vista Lounge.

### FROM THE NAVIGATOR

After leaving her berth yesterday afternoon, Sea Princess proceeded down Southampton water before making two turns, first at Calshot Spit and then around Brambles Bank. We then proceeded out through the Solent and disembarked the pilot west of the nab Tower.

Once clear we then set various southeasterly courses to the Traffic Lanes of the Dover Straits. We will begin our transit of the Dover Straits at midnight.

Once clear a series of northerly courses will be set through the various routing schemes.

Towards our next port of call Amsterdam.

### WEATHER TODAY

Mostly sunny with moderate Easterly breeze  
Temp High 22C/72F • Low 13C/55F

### TIME CHANGE

Ship's clocks were set advanced one hour at 2:00am 16th July.

### SHIP'S AGENT ADDRESS IN AMSTERDAM

**Ruys and Co. BV**  
Sardinieweg 4  
1044 AE Amsterdam  
Netherlands  
Telephone: 31-20-4470860  
Telefax: 31-20-6133886

### MEDICAL CENTRE

The Medical Centre is situated on Deck 4, access via starboard forward elevator or stairs near Purser's Desk, Deck 5.  
Office Hours Today: 10:00am to Noon & 4:30pm to 6:30pm  
For routine medical attention please dial 5000. For emergency only please dial 911.



## DAYTIME ACTIVITIES

- 8am-8pm** **SPORTS COURT**  
Available all day for paddle tennis, basketball, badminton and more. *Sports Court, Deck 15*
- 9:00am** **COMPUTER@SEA**  
Free Lecture: "I've taken the picture - now what?" Digital Photography Explained. *Vista Lounge, Deck 7 Aft*
- 9:30am** **ADULT PING PONG**  
Join the cruise staff who will award the medals. *Riviera, Deck 12*
- 9:45am** **OUTBURST**  
Join the cruise staff who will help for the teams for this game of verbal explosions. *Crooners, Bar Deck 7*
- 10:00am** **CARDS AND GAMES GET-TOGETHER**  
Anyone interested in playing whist, Bridge or any other card or board games should meet at this time. *Casino Card Room, Deck 8*
- 10am-Noon** **CERAMICS@SEA**  
Join the Cruise Directors Staff and create your own ceramic work of art (Material and fees vary) *Wheelhouse Corridor Portside, Deck 7*
- 10:15am** **ARTS AND CRAFTS – Flower Making**  
Join Anne and learn how to make a flower out of crepe paper. *Razzmatazz, Deck 7*
- 10:30am** **BEGINNERS BALL ROOM DANCE CLASS**  
Join Cruise Director Peter for today's class "The Cha Cha". *Vista Lounge, Deck 7 aft*
- 11:00am** **SPECIAL INTEREST LECTURE**  
With the Compliments of the Chef  
Food on the liners Using her newly published book, "The Captain's Table", Sarah Edington explores the function of mealtimes at sea and the cuisines which influenced the chefs; the talk is illustrated with slides of menu covers and photographs used between 1881 and 1977. *Princess Theatre, Deck 7*
- 11:15am** **ADULT SHUFFLE BOARD**  
Join Juan of the cruise staff will organize the play. *Lido, Deck 14 aft Port Side*
- 11:15am** **SNOWBALL JACKPOT BINGO**  
Bingo cards go on sale from 10:15am. Jason calls the numbers. *Vista Lounge, Deck 7 Aft*
- 11:30am** **BRUNCHTIME QUIZ TIME**  
With the Cruise Staff who will win the bubbly. *Crooners Lounge, Deck 7*
- 11:30am** **DIAMOND SEMINAR**  
Join Julie our onboard Jeweler to learn about the Cut, Color & Clarity of Diamonds. *Razzmatazz, Deck 7*
- Noon-2pm** **ATRIUM MELODIES**  
with our talented ship's musicians. *Atrium, Deck 5*
- Noon-2pm** **POOLSIDE MELODIES**  
With our Talented Musicians (Will be moved to Horizon Court of Weather Inclement). *Riviera. Deck 12*
- 12:15am** **SODOKU CHALLENGE**  
Join Mendl of the cruise staff for today's Puzzle. *Razzmatazz, Deck 7*
- 1:00pm** **CRUISING THE WORLD WITH PRINCESS!**  
Join Jaqueline your Future Cruise Consultant for a presentation on historical Europe Super Natural Alaska. *Vista Lounge, Deck 7 Aft*
- 2:30pm (Approx.)** **SEA PRINCESS ARRIVES IN AMSTERDAM**

LOCAL AUTHORITIES HAVE REQUESTED ALL PASSENGERS GOING ASHORE TODAY IN AMSTERDAM MUST TAKE THEIR PASSPORT OR PICTURE I.D. WITH THEM.

## SHIP'S SECURITY NOTICE

In order to prevent unauthorized persons boarding the ship, you are asked to carry your "Cruise Card" with you when going ashore. You will be asked to produce this at the gangway when you leave and return to the ship.

Please ensure that you also have a picture ID with you before leaving the ship, as you may be required to show this at security checkpoints upon your return.

Please be aware that we have established a secure area around the vessel and our security procedures require that you must be prepared to show your cruise card when entering this area, in addition to showing it to the security staff at the gangway when leaving or boarding the ship.

We kindly ask you not to accept and bring on board any parcels or packages from strangers. Before boarding the ship, you may also be asked by our Security Staff to open parcels or handbags which you are carrying.

We are sure that you will appreciate that this security is in the best interest of all concerned.

**3:00pm** **BIG SCREEN MOVIE: CONSTANT GARDENER – Love at Any Cost**  
Starring: Ralph Fines & Oscar Winner Rachel Weisz  
Rated: R (Thriller) Duration: 2 hrs. 9 mins.  
*Vista Lounge, Deck 7 Aft*

**3:30-4:30pm** **AFTERNOON TEA**  
Will be available at the *Traviata Dining Room, Deck 6*, accompanied by Wojchiech Fieden.

**4:00pm** **ADULT DECK QUILTS**  
With the Cruise Staff. *Lido Deck 14 Portside*

**4:30pm** **AFTERNOON TRIVIA CHALLENGE**  
With the Cruise Staff. *Crooners Lounge, Deck 7*

**5:15pm** **FRIENDS OF DR. BOB AND BILL W. MEETING**  
*Razzmatazz, Deck 7*

**10:15pm** **ALL PASSENGERS ABOARD PLEASE! SEA PRINCESS WILL SAIL SHORTLY AFTER FOR OSLO**

## FUN ZONE AND TEENS HOURS

*Riviera Deck 12 Aft*

**8am–Noon** Youth/Teens Port Supervision

**2pm–5pm & 7pm–10pm** Youth Activities

**2pm–5pm & 7pm–1am** Teens Activities

## LIBRARY OPENING HOURS

**9:00am–1:00pm and 3:30pm–6:00pm**

Librarian Srilekha will be in attendance to sign-out books. Needlepoint Kits from \$7.00. Britain Today & New York Times Fax will be available for reading only once received and printed. *Library, Deck 7*

## COMPUTERS@SEA

Join Computer Instructor Sheryl. *Rigoletto Dining Room, Deck 5*  
(There is a charge of \$25.00 per class)

**10:30am** Camera to Computer - Uploading Digital Pictures

**11:30am** Organize Your Files & Folders

**12:30pm** Photoshop 1 - For Beginners

**1:30pm** Photoshop 2 - Using the Tools

**7pm-9pm** **Questions about email or the internet?** Sheryl will be available in the Internet Café, Deck 7 to answer your Internet and email questions.

## STATEROOM TV

**THE PRINCESS CHANNEL (Channel 22)**

**6–11:00am** Sea-U-In The Morning with Peter

**11am–6pm** Alexandra Nechita - "Portrait of the Artist"

**6pm onwards** Princess Reflections

**PORT CHANNEL (Channel 30)**

**6am–12mn** Adventures Ashore Port & Tour Overview

## LOTUS HEALTH AND FITNESS PROGRAM

*Aerobic Studio, Deck 12 Aft*

**8:30am** Yogalates - Taster Class

**9:00am** Pathway to Yoga - \$10 fee

**10:00am** Group Cycling (Spin) - \$10 fee

**11:00am** Free Seminar - Burn fat Faster *Wheelhouse Bar, Deck 7*

**5:00pm** Sretch and Relax





# ADVENTURES ASHORE

Located on Plaza Deck, Deck 5 in the Atrium Lobby

Office Hours: 8:00am to 12:00pm

## TOUR OFFICE

BOOKINGS FOR OSLO, WILL CLOSE AT 5:00PM TODAY  
No refunds or exchanges can be made after this time

Tickets still available - we suggest using the 24 hour drop box.  
Tickets will be delivered to your stateroom.

## TOUR MEETING INFORMATION

Any passenger booked on a shore excursion in Amsterdam, please read your tour ticket carefully for meeting details. Any tour in which you arrive late cannot be credited so please be on time and remember to check the **MEET** time for your tour.

### Tours Meeting in Princess Theatre

If your tour ticket indicates that you are to meet in the Princess Theatre at a designated time **DO NOT arrive late**. We need to gather you as a group prior to taking you ashore.

Upon meeting in the Princess Theatre, you will be assigned a bus number and issued a bus sticker. **Please ensure you gather with your entire party before proceeding to the Princess Theatre.** Bus assignments can not be changed once they have been allocated.

Shore Excursion staff will be present in the Princess Theatre to assist you

- AMS - B Amsterdam City Tour & Canal Cruise  
Meet Princess Theatre 2:15pm
- AMS - J Volendam & Marken  
Meet Princess Theatre 2:15pm
- AMS - K Windmills & Edam  
Meet Princess Theatre 2:15pm
- AMS - T Private Car with Guide  
Meet Princess Theatre 2:30pm
- AMS - D Amsterdam, Canals & Van Gogh Museum  
Meet Princess Theatre 2:45pm
- AMS - C Walking Amsterdam & Canal Cruise  
Meet Princess Theatre 3:00pm
- AMS - S Celebrating Rembrandt  
Meet Princess Theatre 3:00pm
- AMS - H Amsterdam Canal Cruise  
Meet Ashore on Pier at 4:15pm
- AMS - NH Twilight Canal Cruise  
Meet Ashore on Pier at 7:45pm
- AMS - NJ Red Light District Evening Walk  
Meet Ashore on Pier at 8:00pm

Have a Great day in Amsterdam!

## AMSTERDAM SHUTTLE

During our call in Amsterdam, a shuttle service will be operating from the pier to the city. Shuttle service will commence at **2:45pm** and the last shuttle back to the ship will be at **7:00pm**. Shuttle tickets are \$5USD per person each way and are only available from onboard at the Passenger Services Desk, Deck 5, Atrium. The cost of this will be charged to your shipboard accounts. Shuttle tickets will not be available on the dockside and therefore must be purchased onboard.



# TONIGHT'S ENTERTAINMENT

This evening's dress code is Smart Casual

Audio or video taping is prohibited due to copyright. No saving of seats please. Unaccompanied children are not permitted in the front three rows. Last two rows reserved for passengers with limited mobility.

## PRINCESS THEATRE

Promenade Deck 7 Fwd - Showtime: 8:30pm & 10:30pm

### SPOTLIGHT SHOWTIME

Starring:  
International Recording Artist  
**DAVID MCLAINE**

Mc.: Peter Roberts

Musical backing: Steve Lee & The Sea Princess Orchestra

## VISTA LOUNGE

Promenade Deck 7 Aft

8:00pm & 10:30pm

**OSCAR WINNING  
BIG SCREEN MOVIE**

### WALK THE LINE

*A chronicle of country music  
Legend Johnny Cash's life, from his early  
days on an Arkansas cattle farm to his rise  
to fame.*

Starring:

Reese Wherspoon & Joaquin Phoenix

Duration: 2 hrs. 16 min.

Rated: PG-13 Biography - Drama

## RAZZMATAZZ

Promenade Deck 7 Midship  
Club opens at 10:00pm  
(18 years and over only after midnight)

10:00pm to 10:30pm

### MUSIC VIDEOS

10:30pm

### KARAOKE

11:30pm

### WILD BUNCH PARTY

Join The Cruise Staff for some late night dancing. Music to suit all ages.

## MOVIES UNDER THE STARS

Riviera Deck 12 Midships

10:00am **THE INCREDIBLES**

2:00pm **RAIDERS OF THE LOST ARK**

4pm-6:00pm **PRINCESS REFLECTIONS**

10:00pm **TINA TURNER IN CONCERT**

8:15pm

### AN UNFINISHED LIFE

For your convenience and enjoyment, a personal wireless unit and ear phones have been placed in your stateroom for you to enjoy the afternoon programming before 6:00pm. Pools and Jacuzzis, Deck 12 will be closed for the late evening programs.

## PREMIER CRU BAR

Promenade Deck 7 Midships  
5:00pm till late

### ENJOY OUR SELECTION OF FINE WINES

PRE-ORDER YOUR CAVIAR  
AND CHAMPAGNE

## WHEELHOUSE BAR

Promenade Deck 7 Forward  
Music every evening for your  
dancing and listening pleasure

7:30pm-8:30pm & 9:15pm-10:15pm

### PETE NILSON DUO

10:15pm till late

DANCE THE NIGHT AWAY  
TO THE MUSIC OF  
**THE BARNACLES**

## CROONER'S LOUNGE

Promenade Deck 7 Midship  
9:00pm until late  
AN EVENING OF MUSIC WITH  
**DAVID MOORE**

10:00pm

### TRIVIA QUIZ TIME

with the Cruise Directors Staff  
(Prizes to be won)





## BOUTIQUES ONBOARD

Emerald Deck 6 9:00am to Arrival

### PRINCESS DIAMOND COLLECTION

Join Julie our on board Jeweler to learn all about the Cut, Color, & Clarity of Diamonds. Come and visit our exquisite collection of Diamonds from Clyde Dunier.

Save **10% Off** when you buy \$1500 Or More

Save **15% Off** when you buy \$2500 Or More

Save **20% Off** when you buy \$4000 Or More  
5 year guarantee

11:30am, RAZZMATAZZ, Deck 7 Midship

#### EXCLUSIVELY PRINCESS! FASHION RINGS

Choose from our large selection

Only \$24.99 Or 2 for \$39.99

9am - Arrival, Atrium, Deck 6

### REFLECTIONS FASHION JEWELRY EVENT

Swarovski, Majorica, Amber, Sterling Silver & Much More!

Save up to **30% Off** U.S. suggested retails

9am - Arrival, Atrium Deck 6

**We Will Match The Price On Any Identical Item In Port!**



## PHOTO & VIDEO GALLERY

Promenade Deck 7 Aft 9am-2:30pm & 5:30pm-11pm

Visit the Photo Gallery for all your Photographic needs.  
We stock film, batteries, digital cameras and memory cards  
HIGH QUALITY DIGITAL PHOTO PRINTS

ONLY 35¢ EACH

PLUS

PROTECT YOUR HOLIDAY MEMORIES WITH A DIGITAL PHOTO CD  
ONLY \$9.95

### SOUVENIR VIDEO!

Keep an Eye out for the Princess Reflections Video Team.

Today we will be out on the

**Amsterdam Walking Tour & Canal Cruise**

Look for us and be part of your cruise video

**15% off**

Check out your **Passport to Value Coupon Booklet**



## LOTUS SPA & BEAUTY SALON

Riviera Deck, Deck 12 8:00am to 8:00pm, Tel:12724

Gymnasium open 7:00am to 10:00pm

### FIRST DAY SPECIAL

Never been to a Spa before or not sure what to choose?

Experience two of our luxury pampering delights in one. A combination of 25min. rehydrating and rejuvenating Spa mini facial/  
OR 25min reflexology on your feet and a 25 min. stress relieving back, neck and shoulder massage using warm exotic aromatherapy oils

### SPA TASTER OR AROMA FLEX

Only \$79

50 Minutes

### HEALTH AND FITNESS SPECIAL

20% off all fitness services including Personal Training, one on one Pilates and Metabolism Tests



## FINE ARTS

Wheelhouse Bar, Deck 7 Fwd

### PAUL & JEWEL WISHES YOU A TERRIFIC DAY IN AMSTERDAM!

Have you heard of Alexandra Nechita? She's currently taking the art world by storm and is the most popular artist on the planet. Stop by the gallery to view a rare original, by this child prodigy artist. Paul & Jewel will be in the Art Gallery, Deck 7 between 7:30pm to 8:30pm to answer any questions you have about the art auctions at sea.



## FUTURE CRUISE SALES

Wheelhouse Bar, Deck 7 Starboard Side

Office Hours: 9:00am to Noon

Visit your Future Cruise Consultant, Jacqueline, for information on all our exciting itineraries and ships. Take advantage of the fantastic incentives offered exclusively to passengers whilst you are onboard Sea Princess! A low deposit of only £75 or US\$100 per person will secure your next Princess cruise and you will also receive a benefit on that cruise of up to US\$300 per couple Onboard Credit.



## MONTE CARLO CASINO

Dolphin Deck 8 Midship

**Slot Machines:** Open 10am until 2½ hour prior the arrival

**Gaming Tables:** Closed

**Due to International Maritime Law the  
Casino will remain closed tonight.**

### DON'T FORGET OUR FREE TABLE LESSONS

tomorrow (sea day) at 12:30pm

PLEASE NOTE THAT THE MINIMUM AGE FOR ANYONE ALLOWED IN THE CASINO IS 18 AND PHOTO I.D. WILL BE REQUIRED.

If you have registered a credit card at the Purser's Desk then you may charge your casino chips or Slot tokens to your shipboard account (up to \$1,500 per day, \$5,000 per cruise). A 3% Surcharge will be included. Cigar and pipe smoking is not permitted in the casino.



## FLOWERS

Atrium Lobby, Deck 5 3:00pm to 7:00pm

### SAY IT WITH FLOWERS

Spoil someone today by buying flowers.

Pop by and see Gerry and Dante, our on board florists.



## BAR NEWS & INFORMATION

Please check your "Quick Reference Card" for the hours of operation of the bars on board. This card can be found in your stateroom.

### SIGNATURE COLLECTION

QUENCH YOUR THIRST WITH THESE PREMIUM COCKTAILS

#### PASSIONADA \$6.50

This fresh Martini is made with Passion Fruit

#### MARTINI OF THE DAY \$6.00

#### FLIRTINI

Smirnoff Vodka, Champagne and Cranberry Juice

#### SHIPBOARD BEVERAGE POLICY

Passengers under 18 years of age will not be served alcoholic beverages. Please understand that you may be requested to show identification indicating date of birth.



PRINCESS CRUISES

escape completely®